

新詩仿作：《小貓》

1A 黃偉瑜

小鼻子，大眼睛。
短耳朵，長尾巴。
白色腳掌圓又圓，
一身紅毛像桃花。
看見魚肉和雞肉，
馬上張開小嘴巴。

新詩仿作：《小熊貓》

1A 陳嘉樂

大眼睛，小嘴巴。
小鼻子，大耳朵。
白色肚子圓又圓，
一身白毛像棉花。
看見竹葉和竹筍，
馬上張開小嘴巴。

《野餐樂》

1A 陳嘉樂

今天中午，我們一家到郊野公園野餐。

我一邊看着美麗的風景，一邊吃着美味的食物。我吃了西瓜、三明治和零食。

我感到十分開心，我希望下次能再來野餐。

《野餐樂》

1A 麥峻萌

昨天下午，我們一家到山上野餐。

我看到藍藍的天空和白雲。我吃了美味的西瓜。然後，我和姐姐一起玩耍。

我感到很快樂，我希望下次可以和朋友來到這裏。

《記農曆新年》

2A 王蔚嫻

春節假期過去了，我和家人過了一個充實的假期。

大年初一，我和爸爸、媽媽到姨母家拜年。我們一進門，就恭祝姨母、姨父新年快樂，身體健康！而姨母、姨父也祝我學業進步，還給我大紅包，我覺得十分開心。我們一邊吃年糕，一邊聊天。忽然，外面傳來熱鬧的鑼鼓聲，原來是舞獅表演。我們站在窗口看表演，大家都感到興奮極了！

到了年初二，我去看花車巡遊。那天街上人山人海，熱鬧極了！

這個假期，我過了一個快樂的新年，希望下一個新年快點到來。



《小偉和家人走失了》

2A 吳凱晴

星期天，小偉和媽媽、爸爸去商場買玩具車和逛街。

小偉本來跟媽媽和爸爸在一起，可是一轉眼媽媽和爸爸便不見了。他感到非常慌張和害怕。幸好，警察叔叔出現了。他一看見警察，便委屈地大哭起來。他對警察叔叔說：「怎麼辦？我找不到爸爸和媽媽了。」警察叔叔安慰小偉說：「別擔心，我幫你找媽媽和爸爸。」

最後，警察叔叔幫他找到了媽媽。見到媽媽，小偉興奮地撲到媽媽懷裏。小偉開心地對警察叔叔說：「您真好！謝謝您！」

《小息了》

2A 霍臻龍

小息的時候，小明和小志在操場上奔跑，一不小心撞到小美。

首先，小美的食物袋破了，食物掉在地上。小美和小琳都感到十分驚訝。小明說：「對不起小美，我不應該撞到你。」小美說：「不要緊！」

之後，小明把掉在地上的食物扔進垃圾箱中。小琳說：「小美，不要不開心，我請你吃東西。」

最後，他們一起坐在椅子上，有說有笑地分享食物。小美感到很開心。小美心想：他們真的太好了，我希望和他們永遠是好朋友。

《小息了》

2A 吳凱晴

小息的時候，同學們在操場上開開心心地談天。

小美不小心把食物袋弄破了，她看着小食一個一個地掉在地上，不知所措。同學們都驚訝地說：「不好了！不好了！小美的小食都掉在地上了。」小琳說：「我們快點拾起來吧！」

之後，小明把掉在地上的小食扔進垃圾箱。小明非常不開心地說：「你沒事吧？」大家都安慰小美。小志和小琳說：「讓我們一起分享食物吧！」

最後，他們一起吃美味的小食。小美一邊吃小食，一邊想：我的朋友真好呢！小美說：「你們真好！我有你們這班朋友，真幸福啊！」小美的朋友們聽到後都感到很高興。

母親節卡

2B 陳依靜

親愛的媽媽：

明天是您的生日，首先我祝您生日快樂！

多謝您平日用心地照顧我，多謝您做飯給我吃，多謝您教導我做功課，多謝您清潔家居，辛苦您了！

我長大後一定會好好報答您。

祝

身體健康！

女兒

依靜敬上

一月十六日

《一次生日會》

2B 鄧浚峰

星期六是我的生日，同學們到我家來慶祝，我感到很開心。

首先，媽媽為我準備了豐富的食物，有我最喜歡的三明治，還有披薩、香腸和飲料。接着，我切蛋糕、吹蠟燭和許願，希望自己學業進步。同學們都祝福我：「生日快樂！」

這一天，我感到十分開心，希望明年的生日比今年更開心。

《到海灘游玩》

2B 鄧浚峰

今天天氣晴朗，小文一家乘車到附近的海灘玩耍，車子快要到達的時候，大家都興奮不已。

首先，他們把太陽傘拿出來，還準備了豐富的食物，有水果，有三明治，有果汁，真美味啊！他們一起享受愉快的假期。

吃完了午餐後，小文就和爸爸一起踢球，媽媽卻在一旁收拾東西。突然，小文一不小心把球踢進海裏，球兒在海中飄浮，飄得愈來愈遠，小文又着急又擔心，附近的一位叔叔看到後，馬上把球拾起來。

爸爸看着沙灘球，原本打算脫下鞋子，把球拾回。這時，他看見那位叔叔把球拋給小文。小文拿到了球後，連忙道謝：「多謝你的幫忙。」最後，他們玩得很開心。

《樂於助人的孩子》

2B 王嬰嫻

星期六，健強到菜市場買東西。

到達後，健強看見一位老婆婆的塑料袋破了，水果掉在地上，他連忙上前拾起來。

之後，健強從書包裏掏出一個環保袋，幫助婆婆盛載水果。

最後，老婆婆多謝健強，還稱讚他說：「你真是一個樂於助人的好孩子。」健強聽到後感到很高興。

《春天來了》

3A 謝熙臣

一年四季中，我最喜歡的季節是春天。

太陽出來了，給大地穿上了一件燦爛的金黃色衣裳，溫暖的陽光灑滿每一個角落，讓人感到無比舒適。大樹長出嫩綠的新芽，微風吹過，樹葉沙沙作響，彷彿在低聲訴說春天的故事。小花朵也紛紛綻放，五彩繽紛的顏色點綴着大地，像一幅美麗的畫卷。

這時，站在樹枝上的小鳥開始歌唱，歌聲美妙動聽，彷彿在歌頌春天的到來，它們為大地增添了幾分靈動。小燕子忙着築巢，牠們精心搭建自己的家，準備迎接新生命的到來。螞蟻們也找到了豐富的食物，整齊有序地將美食搬回巢穴，展現出勤勞與團結的精神。

春天真美啊！它像畫家，用五彩的畫筆描繪出美麗的景色，處處都是生機勃勃。我喜歡春天，喜歡它的溫暖和充滿希望！

《遊迪士尼樂園》

3A 曾浩賢

今天早上，我和家人一大早就出發到「最快樂的地方」——迪士尼樂園遊玩。

首先，我們玩了瘋狂的「灰熊山極速礦車」。起初，礦車緩緩向前衝，但很快就向後急墜，我們被驚嚇得頭髮豎成了掃把。緊接着，礦車又向前急衝，「轟隆隆」像被灰熊追趕般衝出去！我的心猛然像跌了出來一樣，真是萬分刺激呀！

然後，我們走進了「魔雪奇緣世界」。這裏參照電影建設成阿德爾王國的场景，夏天瞬間變成冬天！我們坐上小船，體驗了一場「奇幻之旅」。突然「唰」一聲滑入了黑暗的水道，我緊張得抓住媽媽的手，把頭縮藏起來，後面才發現是安娜公主在對我們眨眼睛呢！

之後，城堡亮起了千萬顆星星，我們觀賞了燈光表演。樂園裏響起了那首耳熟能詳的經典音樂，煙花在頭頂上綻放出米奇的形狀，還灑下了閃閃的亮粉！隨着「砰」的一聲，表演就這樣完結了。我們仍意猶未盡呢！

今天，我們玩得十分開心，像童話故事裏最精彩的一頁，希望很快能再來這個夢幻王國裏冒險。

《探望親友》

3A 曾浩賢

假期裏，婆婆、媽媽、妹妹和我一起到永春探望大姨婆，我期待極了！

首先，我們和親戚一起去參加大姨公的九十歲壽宴。宴會上，我們品嚐了美味的蛋糕和家鄉小菜，還拍了幾張大合照，氣氛非常熱鬧。

然後，我和小伙伴们一起打桌面遊戲，大家玩得不亦樂乎，最後勝負難分，大家都笑得很開心。

之後，我們去小公園划船。划船時，我們看到一些漂亮的錦鯉，便用魚糧餵牠們，看着魚兒歡快地游來游去，我的心情也格外愉快。

划完船後，我們去買了些手信，準備帶回家。回到家後，我們和闊別已久的親戚們聊天，滿屋子都是歡聲笑語，溫馨極了！最後，我們依依不捨地道別，啟程返回香港。

這次探望親友的經歷，讓我感到非常難忘，我希望下次還能再來大姨婆家，繼續享受這份親情與歡樂！

《假如我是一顆小星球》

3A 謝熙臣

假如我是一顆很小很小的星球，小得連望遠鏡都找不到的紫色小星球，我要親手創造一個迷你世界。

第一步，我會種植植物，讓我的星球表面長出各種植物：優雅的玫瑰圍成花園，高大的鳳凰木當作太陽傘，清香的菊花鋪成地毯，還要加上會發光的螢光蘑菇當路燈呢！

第二步，我會讓植物孕育出生命，當它們長大後，一起淨化空氣，迎接小生物們的到來，為牠們提供舒適的生存環境。穿條紋睡衣的老虎在吃星球特製的彩虹糖果，會說星球語言的彩色候鳥自由自在地在空中飛翔，還有鳳凰木上翻跟斗的小猴子在森林裏蹦蹦跳跳……

最後，我要為我的星球創造各類地形和氣候，會唱歌的瀑布和果凍狀的湖泊，巧克力味的山脈和棉花糖雲朵……我的迷你世界變得越來越完美！

我真的很想成為一顆星球，不用做功課，還能設計新生物，創造一個屬於自己的小天地。希望有一天，我能實現這個破天荒的夢想。



《爸媽不在家的日子》

3B 林子詩

放學回家時，我發現桌上有一張紙條，得知爸爸媽媽這三天不在家裏，我覺得興奮極了！

第一天，我在家裏開心地玩遊戲。晚上，我叫了外賣。不過，吃完食物後我感到肚子痛，生病的時候沒有爸爸媽媽照顧我，我覺得特別難受。

第二天，我起牀後說：「媽媽，可不可以給我一杯水？」這時，我才記起爸爸媽媽不在家，我難過得哭起來。

第三天，在我看電視的時候，有些情節讓我感到很害怕，我開始哭了，我想：如果爸爸媽媽在家的話，他們一定會抱着我。

直到第四天，爸媽終於回來了，我擁抱着他們，心裏感到很快樂，我覺得自己十分幸福呢！

《春天來了》

3B 戴耀珏

太陽出來了，把大地鍍上一片燦爛的金色，喚醒萬物。

在風和日麗的日子裏，大地生機勃勃。粗壯的大樹在陽光下甦醒過來，嫩綠的葉子閃耀着綠油油的光澤。

小鳥喚醒了大樹，牠們一邊唱歌，一邊覓食，叨着小蟲，還準備築巢。

豔麗的花兒也睡醒了，蜜蜂和蝴蝶一起在草地上翩翩起舞。

螞蟻們勤勞地搬東西，牠們說：「我們的東西很重呀！」

春天是多麼可愛啊！

《假如我是一盞燈》

3B 黃千桐

如果我是一盞燈，我會在黑暗中為人類帶來光明，讓他們看清東西，不再害怕。

假如我是一盞天花燈，我會在主人洗澡的時候照明，讓主人能清楚調較水溫，然後安心地洗澡！

假如我是一盞檯燈，我會在主人溫習的時候照明，幫助他避免寫錯字，讓他寫出秀麗的字跡！

假如我是一盞座地燈，我會把主人的家照亮到天明。那豈不是非常浪費電力嗎？哈哈，我是一盞太陽能燈呢！

原來我為主人的家服務了這麼多，還為人類世界帶來光明，真是讓我感到又榮幸又驕傲呢！

《遊海洋公園》

3B 李俊逸

今天早上，我和爸媽去海洋公園遊玩。

來到海洋公園，我們首先去海洋館參觀海洋動物，有白豚、鯊魚和各種魚類……我最喜歡的是鯊魚。

接着，我們乘坐海洋列車。海洋列車的速度十分快，快得連美麗的風景也看不清，不到五分鐘列車就已到站了。

最後，我們坐上了十分刺激的過山車。過山車一開動的時候，速度非常之快，它一上到高處就立刻衝下來，然後三百六十度轉了兩圈，十分刺激。

海洋公園是一個令人開心的地方，也讓我們感到興奮和刺激。

《我最喜愛的季節——夏天》

4A 石承霖

一年有四個季節，有春天、夏天、秋天和冬天，而我最喜愛的季節是夏天。

夏天的時候，我可以吃各式各樣冰凍的冰棒和冰淇淋，有草莓味、巧克力味、藍莓味、雲呢拿味……希望有一天，我能夠夢想成真，吃到一杯巨大的、五彩繽紛的和有不同味道的冰淇淋。

除此之外，夏天時，我可以到沙灘堆城堡，可以到海裏游泳，也可以到海洋公園玩水槍……

我真的很喜愛炎熱而陽光普照的夏天呢！

《一件難忘的事》

4A 陳一君

在我十歲時的某個星期天，我約了朋友到我家附近的足球場踢足球。

我的朋友是印尼人，和我一樣也曾經居住在印尼。他有一頭黑色的短髮，皮膚黝黑的，有一雙小小的眼睛。由於我們都喜歡踢足球，所以我們便買了一個足球，打算到附近的足球場玩。

吃過午餐後，我和朋友就興高采烈地拿着足球走到球場內。我們用猜拳的方法來分配位置，我負責守龍門，阻擋進球，我的朋友負責進攻，把球射入我的龍門。

我們玩得非常投入，足球有來有往，攻守有序。我的朋友為了突破我的防線，便用盡全身的力氣踢向足球，足球隨即在天空中旋轉，越過龍門，直飛到龍門框後的樹上，動也不動。我看到後，驚訝得目瞪口呆。

我們立刻跑到樹下，嘗試用樹枝把足球弄下來，但因力氣太小，所以搖不動，感到非常絕望。幸好，這時有位身材高大的大哥哥經過，他敏捷地爬上樹，幫我們取回足球。我們接過足球後，不斷拍手歡呼，我如獲珍寶般，小心翼翼地吧足球抱入懷裏。

我們向哥哥道謝後，便心滿意足地抱着足球回家。這次失而復得的經歷，使我更加珍惜這個足球，當天真是難忘的一天！

《節約用電》

4A 江昊正

電力在日常生活是非常重要的，它是地球的寶貴資源。我們在日常生活中可以怎樣節約用電呢？我將從個人、學校兩方面來說明。

首先，在個人方面，我們可以養成隨手關燈的好習慣。當我們離開房間時，應該關掉電燈和冷氣機。此外，看電視後，要緊記關掉電源，而不是讓電視機長時間處於待機狀態。

在學校方面，老師和同學們可以一起努力節約用電，例如：天氣涼爽時，我們可以打開窗戶，讓空氣流通，減少使用冷氣機。此外，電腦課後，應該關掉電腦，避免浪費電力。

總結而言，節約用電是我們每個人都應該做到的事情，只要我們從生活中做起，地球就能變得更美好。

《我們的學校》

4A 冼文輝

今天是學校的開放日，我帶了我的朋友參觀郭怡雅神父紀念學校。

我們由正門進入學校，再向右走，就可以看見兩天操場，這裏就是我和同學早會、小息和上體育課的地方。兩天操場內設有小食部，我們可以在這裏購買燒賣、雞腿、魚丸等食物，想起這些食物，我立刻垂涎欲滴。走到兩天操場的外面，可以看見一個籃球場，小息的時候，同學們會在這裏打籃球、玩呼拉圈、跳繩等。

沿着樓梯走上一層，我們可以看見校務處、社工室、教員室和圖書館。圖書館是我們閱讀圖書的好地方。一走進去，就可以看見一排排書櫃，圖書整齊地排列在書櫃裏，種類繁多。小息或圖書課時，我總愛坐在地墊上，舒舒服服地閱讀圖書。

我們沿着樓梯再往上走，到了六樓禮堂，我們看見前面有一個大舞台，左邊是視藝室。平日舉辦講座、才藝表演、祈禱會、頒獎禮等活動，也會在這裏進行。

郭怡雅神父紀念學校真是我們學習的好地方！



《超級市場裏的人生百態》

4B 周愷縈

星期六，媽媽帶我到超級市場買東西。超級市場很大，人山人海。

首先，我看見一對年老的夫婦慢悠悠地推着購物車在選購各式各樣的水果。他們仔細地拿起每個水果來端詳，看看水果有沒有破損。

其次，我看見一位高貴的家庭主婦，她正聚精會神地在查看食物的營養標籤，並比較哪款食物更有營養價值。她真是一名精明的消費者。

接着，一班年輕人在超級市場大聲地嬉鬧，還比賽誰最快拿到飲料。他們完全沒有理會其他人，自我陶醉地玩耍。

然後，一位小朋友對超級市場內五彩繽紛的糖果和巧克力目不轉睛，還要求媽媽買給他吃。媽媽拒絕了兒子的要求，他感到很失落。

每一位收銀員都小心翼翼地和快速地掃描手上的貨品，還點算清楚，避免計算錯誤。他們認真謹慎地工作，令我由衷地敬佩。

最後，我和媽媽都在超級市場滿載而歸。我真的很喜歡和媽媽逛超級市場啊！

《我最喜愛的季節——春天》

4B 丁佳怡

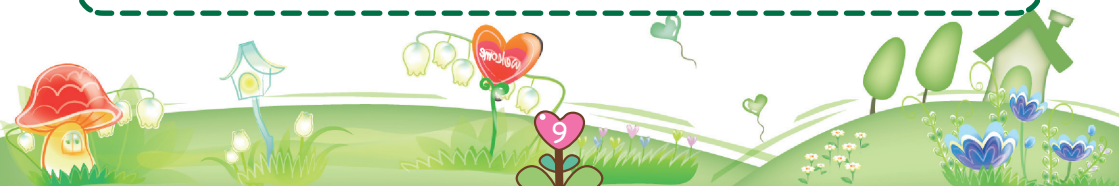
在一年四季中，我最喜愛的季節不是寒冷的冬天，也不是炎熱的夏天，而是生氣勃勃的春天。

首先，我最喜歡春天的衣著，因為可以穿着短短的裙子和薄薄的外套，站在花海中，感受着陣陣和煦的微風，呼吸着清新的空氣，真舒適啊！

其次，我喜歡和家人一起進行賞花活動。我們在公園欣賞五彩繽紛的花兒和家人一起談天說地，真寫意！

最後，我們可以在春天吃到很多應季食品，如年糕、春筍和櫻花糕等，我會和家人一起在野餐時一邊賞花，一邊享用美味的應季食品。

在春天，既能吃到很多美味的應季食品，又可以和家人賞花，春天真是最美好的季節啊！



《我的小寶貝》

4B 黃梓軒

我家有一隻小貓，牠的名字叫小皮。

小皮的個頭比我的頭還要小，腦袋圓圓的，眼睛大大的，四肢跟我的手指差不多大，尾巴毛茸茸，耳朵尖尖的，牠身上的花紋五彩繽紛，令人賞心悅目。

小皮的性格好動，一會兒爬上攀登架，一會兒在地上跑來跑去，還會偷喝我杯裏的茶，十分調皮。

小皮經常會找我跟牠玩，我會用逗貓棒在牠頭頂上晃來晃去，很是有趣！吃飯的時候，小皮會用尾巴向着我搖晃，以表示想吃飯的意思，我會灑一把貓飼料下去，牠會高興地圍着我轉圈。

有時，小皮的膽子很大，我不敢去的地方，牠都會陪我去，讓我感到很有安全感。

最後，我很慶幸可以飼養小皮，牠讓我平凡的生活添加了許多樂趣。

《節約用電》

4B 張芷柔

電力在日常生活中是非常重要的，它是地球寶貴的資源。現在我從個人、學校和社會三方面來談談如何節約用電。

首先，在個人方面，我們要節約用電。當天氣不炎熱時，就不需要開空調；衣服儲滿洗衣機才去清洗。這些是我們個人可以節約用電的方法。

其次，在學校方面，我們也要節約用電。當離開教室時要關掉風扇、空調和電燈；溫度在攝氏二十五度或以上才開空調。這些方法也可以減低在學校的電力消耗。

最後，在社會方面，政府應該把街上電燈的燈管換成節能燈管。當然身為市民的我們時刻要節約用電，如少點使用電梯，多些走樓梯，也是減少用電的好方法。

總括而言，電力是地球上珍貴的資源，所以我們要節約用電。



《一次逛超級市場的經驗》

4C 廖英瀨

星期五晚上，爸爸、哥哥和我一起到超級市場購買零食，想到能買自己喜愛的零食，我十分興奮。

一踏進超市，我看到那裏的環境明亮整潔，貨架上的貨品顏色鮮豔、擺放整齊、種類包羅萬有。我還看到超市裏人山人海，充滿濃厚的購物氣氛。

走進超市之後，我便看到一對公公婆婆正在悠閒地挑選商品，選購完所需的物品後便離開了。接着，一位家庭主婦吸引了我的目光，她仔細地比較價格，還認真地查看了營養標籤。最後，她挑選了滿意的貨品之後，便心滿意足地離開了。

正當我找到最喜歡的零食時，我聽到在不遠處的飲品區傳來嬉鬧的聲音，原來幾個年輕人正爭先恐後地搶一款受歡迎的飲品。他們的行為引起了其他顧客不滿，紛紛向超市的職員投訴，後來那些年輕人便被職員請走了。

正當想結帳時，我看到一對父子。小朋友看著他喜歡的薯片，請求爸爸買給他，爸爸看到兒子渴望的眼神，便答應了他的要求。那個小孩子興奮地帶着薯片去結賬了。

最後，我們也滿載而歸。今天我不僅感受到超市裏熱鬧的氣氛，還體驗到購物的樂趣呢！

《小樹的話》

4C 溫思明

假如你是毛毛蟲，
我會送上嫩綠的葉子，
還有一個舒適的家，
讓你安心地變成漂亮的蝴蝶。

假如你是小鳥，
我會用樹枝建好小屋，
更會送你香甜多汁的果子，
讓你唱歌時不會餓着肚子。

假如你是小朋友，
我會送上寬闊的大傘，
讓你在我腳下涼快地看書，
和同伴輕鬆愉快地玩耍。

聽，這就是小樹的話：
我要張開雙臂，
用心地照顧每個生命。
在我心目中，
你們都是我的好伙伴，
都是獨一無二的。

《開學的第一天》

4C 陳嘉琳

今天是開學日，我感到非常興奮，因為又可以和同學們一起玩耍。在上學的路上，我看見了美麗的小花、可愛的小鳥，還有三五成羣的同學們，大家都帶着笑容走向學校。

進入校園時，我看見了不少熟悉的面孔，包括梁老師、去年的同班同學和「點子大王」張芷柔。因為我升上了四年級，換了新班級，所以也認識了新的班主任和同學們。剛開始時，我還有些擔心不能和他們好好相處。後來，新同學主動和我聊天，我們很快就相處得非常愉快。

小息時，我和新同學遇見了張芷柔，於是我們一起到雨天操場玩耍。我們一起砌積木、吃零食、踢足球，玩得很開心。時間過得很快，上課鈴聲響起時，我們才依依不捨地告別，回到教室。

今天真是充滿歡樂的一天！我不僅結識了新朋友，還和他們一起度過了愉快的時光。希望日後我們能繼續一起玩耍、學習，創造更多美好的回憶！

《我家的小貓》

4C 廖英瀨

我家有一隻剛出生不久的黃色小貓，名叫小黃。

小黃的個頭十分細小，眼睛圓圓，四肢短短的，配上長長的尾巴，非常可愛。牠身上的花紋很特別，由許多排列整齊的黃色長方形組成，顏色鮮豔，漂亮極了！

小黃剛來我家時顯得非常害怕，眼神裏充滿恐懼。牠總是叫個不停，第一天晚上吵得我們睡不着，我們忍不住輕輕地責備了牠後，牠才慢慢安靜下來。不過，牠適應得很快，現在已經成為我們家中的一份子了。小黃非常活潑，每天最喜歡追着貓棒玩。牠很喜歡親近人，經常主動躺下來，讓我們摸牠軟軟的肚皮。

有了小黃之後，我的生活變得更有興趣了。希望牠能一直健健康康、快快樂樂地長大，永遠做我的寶貝！



《超級市場購物記》

4S 關梓陽

星期三放學後，我和爸爸到超級市場買食物。

當我進入超級市場時，看到貨品排列得整整齊齊，而且那裏人來人往，十分熱鬧。

我看見一對老年人互相攙扶着，帶着和藹可親的微笑，慢悠悠地閒逛。他們正在挑選合適的水果。

不遠處，我又看到幾個中學生為搶購可樂而展開了一場小小的競賽，他們的笑聲和喧鬧聲吸引了周圍顧客的目光。

我和爸爸都買到想買的東西，感到很愉快。最後，我們便離開超級市場了。

《參加乒乓球學習班》

4S 謝煒君

上星期，媽媽幫我報了名參加乒乓球班。我希望自己打乒乓球的技術更加進步。

今天，當我到達兩天操場時，我才看到張飛也報了這個班，還看到教練站在乒乓球桌前等候我們。

一開始，教練讓我與其他人對打，可是我不斷落敗，感到很難過。幸好教練不斷鼓勵我，還叫我觀察其他更厲害的同學的打球方法，我努力地練習，最終打贏了一場比賽。

從這次活動中，我明白到只要多努力，就一定會有進步，更有可能在比賽中勝出！

《我們的學校》

4S 黃芷伶

今天是學校的開放日，我帶了張飛來參觀郭怡雅神父紀念學校。

首先，走進了圖書館，陳老師熱情地向我們介紹圖書館的藏書，還講解了借還書的流程。她提醒我們進入圖書館要保持安靜。

離開了圖書館後，接着我們來到禮堂，觀看了賞心悅目的表演。在隨後舉行的頒獎典禮中，校長對獲獎同學說：「恭喜你！繼續努力！」隨即響起了熱烈的掌聲，場面十分熱鬧。

再往下走，我們到了兩天操場，我們看到同學們一邊分享零食，一邊談天說地。

這次參觀，讓我們對學校有更深入的了解，能在這所學校學習，我感到十分自豪。

《我最喜愛的寶貝是小貓》

4S 何鈞朗

我最喜愛的寶貝是一隻小貓，名字叫朗朗。牠有一身粉粉軟軟的毛，摸起來舒服極了！牠有一雙閃亮亮的大眼睛，十分可愛。牠總是圍着我轉，像是在說「快跟我玩吧！」

朗朗非常活潑，好動得不得了。每天早上，牠會在我的床邊喵喵叫，提醒我起床。起床後，我們會一起吃早餐，牠會在我的腳邊蹭來蹭去。吃飽了，牠就會在客廳裏追着小玩具跑，跳得高高的，特別可愛。

朗朗讓我的每一天都充滿歡樂，我希望牠能永遠陪伴我。

《我想感謝的人》

5A 鄭鎧堯

在我成長過程中，有許多值得我感謝的人，比如傳授知識的老師、朝夕相處的同學，但最讓我心懷感激的人是我的爸爸。

我的爸爸是一位廚師，他雖然讀書不多，但他會努力地去學更多的知識。每當我和姐姐在學習上遇到困難，或者在做人事處方面有疑惑時，他總是耐心地教導我們，細心地解釋問題。在我的心中，他就像一個無所不能的超人，總能為我們指引方向。

記得有一次，我的考試成績不太理想，心情非常低落。然而，爸爸並沒有責罵我，而是認真地和我一起分析試卷。經過仔細檢討，我發現很多錯誤都是因為我的粗心大意造成的，這些本不該丟失的分數讓我感到非常懊悔。爸爸告訴我：「失敗並不可怕，重要的是從中學到教訓，下次不要再犯同樣的錯誤。」他的話令我深受鼓舞，我下定決心要改掉粗心的毛病，努力取得更好的成績。

爸爸身體力行，經常用他的行動來教會我甚麼是責任與堅持。作為一名廚師，他每天早出晚歸，工作雖然辛苦，但從不抱怨。他的勤奮和樂觀深深影響我，讓我明白無論遇到甚麼困難，都要以積極的態度去面對。

爸爸的愛像堅實的燈塔，照亮我成長的道路，教會我做每一件事都要「盡力無悔」。這就是我最想感謝的人，我愛您！爸爸！謝謝您一直以來的陪伴與教導！

《這一週真興奮》

5A 汪泳欣

九月二十三日至九月二十九日

這個星期，我真的很興奮，我不但學會了想學的事情，還領悟了一個深刻的人生道理。

星期二早上，我在網上訂購的滑板終於送到了，我迫不及待地帶着它去公園練習。當我踩上滑板上時，卻東歪西倒，完全無法保持平衡。這讓我頓時感到膽怯，甚至有些灰心。媽媽看到我不斷失誤，便對我說：「不如你去報名滑板訓練班吧，既能學習滑板技巧，又能鍛煉身體。」

星期三，我第一次訓練。我小心翼翼地踩上滑板，但總是戰戰兢兢，因為我完全掌握不了他們所說的「平衡」。我還沒滑到半圈，就已氣喘吁吁地靠在欄杆上休息。老師見我完全無法駕馭滑板，便拿來一輛滑板車：「你先用這輛滑板車在場地上練習，等你掌握了足夠的平衡感，再嘗試滑板吧！」沒想到，滑板車多了一個扶手，讓我滑行起來輕鬆許多，可以穩穩當當地站在上面。雖然這樣很安全，但我還是喜歡站在滑板上那種刺激的感覺。於是，那天我一直推着滑板車在場地上練習，希望能儘快掌握平衡的技巧。

接下來幾天，我堅持不懈地練習，逐漸掌握了滑板平衡的技巧。雖然一開始是跌跌撞撞，但我發現自己已經能勉強向前滑行了。訓練接近尾聲時，我終於能在滑板上自如地滑行，不再輕易跌倒了！

愛迪生曾說過「成功是九十九分的努力和一分的天賦」，只要不放棄，就一定會成功。這次的經歷讓我深刻體會到，努力和堅持是達成目標的關鍵。



《論勤奮》

5A 汪泳欣

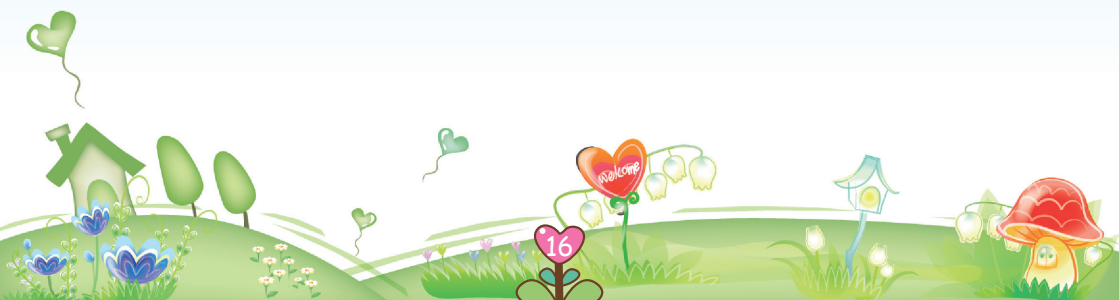
甚麼是勤奮？勤奮就是努力做好生活中每一件事，不畏艱難，堅持到底，不輕易放棄。「天下無難事，只怕有心人。」只要我們勤加努力，專心致志，就能達到目標。

勤奮讓我們學習進步。古代大書法家王羲之小時候每天練字，寫完的字堆得像小山一樣高，後來成為「書聖」。這正是「書山有路勤為徑，學海無涯苦作舟」的道理，古人早已用他們的智慧告訴我們勤奮的重要性。如果我們在學習上秉持認真努力的態度，就能取得好成績；反之，如果我們掉以輕心，像「龜兔賽跑」裏的兔子一樣懶惰，最後一定會輸掉比賽。

勤奮是成功的基石。愛迪生發明電燈泡時失敗了上千次，但他堅持不懈，最終成功照亮世界，就像我們學習騎腳踏車，如果怕摔就放棄不學，那永遠都學不會。半途而廢的學習態度，最終將會一事無成。雖然勤奮不一定每次都能成功，但不努力一定不會成功。

勤奮讓我們離夢想更近。無論是科學家、運動員，還是商業巨頭，他們無一不是在背後付出了千萬倍的努力。奧運冠軍全紅嬋每天都要練習跳水四百多次，連寒暑假都不休息，最終在十四歲就奪得金牌。正如愛迪生所言「天才是一百分之一的靈感加上百分之九十九的汗水」，勤奮是成功的必經之路。只要我們肯努力，夢想就不會遙遠。

勤奮是良好的態度，是寶貴的習慣，它能令我們夢想成真。從今天開始，我們做個勤奮的小主人，朝着我們的目標勇敢前進吧！



《一次難忘的教訓》

5A 譚沛珊

在生活中，每個人都曾經歷過許多難忘的教訓，而有一次的經歷讓我刻骨銘心，也讓我學會了重要的一課。

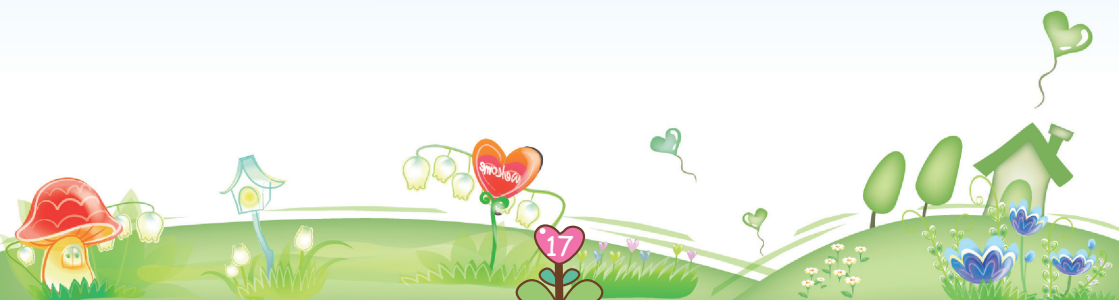
那天上午，英文老師突然在黑板上寫下「明天預默」四個大字，這消息對我來說猶如晴天霹靂。我頓時慌了，因為我連一個英文單詞都沒溫過，明天還有數學進評呢！我心想：下午放學後去補習班時再溫習，應該來得及。

放學後，我背着書包走向補習班，途中路過一家新開的玩具店，櫥窗裏五彩繽紛的夾娃娃機吸引了我的目光。我忍不住停下腳步，心想：反正時間還早，玩一會兒也沒關係吧？於是，我興沖沖地飛奔而進，掏出零用錢開始夾娃娃。夾到一個可愛的娃娃後，我興奮極了！我又去買了一包零食，邊吃邊玩，完全把溫習這事拋到九霄雲外。等我回過神時，發現已經遲到了半小時！我忙着完成功課，根本沒有時間溫習。

第二天早上，我才驚覺自己完全沒有溫習，頓時後悔莫及。第一節課就是數學進評，我緊張得手心冒汗，腦子一片空白，戰戰兢兢地提起筆，感覺那筆也變得十分沉重。我還沒來得及檢查，試卷已被收走了，我的心沉到谷底。

緊接着是英文課，我疲倦地趴在桌子上，感覺像經歷了一場敗仗。當開始默寫時，我的手微微發抖，勉強寫出幾個單詞，但大部分都是胡拼亂寫的。幾天後，成績出來了——數學進評 50 分，英文默書 30 分，看着這刺眼的分數，我的眼淚不禁流了出來。

這次的教訓像一記響亮的耳光，讓我明白，做事不能拖延，更不能因為貪玩而忽略了自己的責任。我要學會合理安排時間，不再臨時抱佛，要認真對待每一件事，才能避免重蹈覆轍。



《改善過重問題的方法》

5B 王心怡

甚麼是過重呢？過重就是指身體質量指數大於二十四。過重會使我們的身體出現問題，如果你們有過重的問題一定要改善！

解決過重的第一步就是多做運動。運動的好處有很多，透過運動可以改善過重、肥胖的問題。運動可以舒緩情緒，提升睡眠品質及大腦功能，增強體力。這些都是運動帶來的好處。

解決過重的第二步是堅持運動。我們要天天運動，才可以避免過重。世界衛生組織建議：我們每周應最少進行七十五分鐘的高強度運動，例如：跑步、跳繩、游泳、打籃球……高強度運動有很多，大家可以自由選擇。

解決過重的第三步就是飲食均衡。我們要飲食均衡才可以避免過重，衛生防護中心建議我們多吃穀物類食物，例如麵包、米飯、粉麵等，所有用穀子做的食物都是穀物食物。另外，我們應少吃油、鹽、糖類的食物。

過重會使我們的身體出現問題，亦會給我們帶來很多麻煩，所以我們應養成良好的運動及飲食習慣，做個健康、快樂的人！

《我想感謝的人——陳老師》

5B 翟港念

自從轉校後，我再沒有見到我以前一年級的班主任——陳老師。說實話，我也很想念她，每次想起她，我都想回到二年級。

那時，我默書成績不理想，她會溫聲細語地安慰和鼓勵我；我每次考試成績不理想，她都會耐心地教我考試技巧，我也會認真聆聽她的教導。記得最後一次考試，我拿了高分，她比我還要高興。

有一次，我在體育課跌倒了。她扶我到醫務室，替我處理傷口，讓我好好休息，還提醒我盡量少走動，不要跑來跑去，我點頭答應。之後，我請了一天假後，她為了讓我跟上學習進度，她留校教導我足足一小時。

正是因為那麼多難忘的事情，令我忘不掉她的模樣。她帶着眼鏡，一頭烏黑長頭髮、大眼睛、小嘴巴，臉上總掛着親切的笑容，總令人想多親近她。

每個人都會受到不同人的關心和幫助，是陳老師令我感到溫暖，對生活有信心，我最想對她說：「老師，謝謝您教導我。」



《我最思念的人》

5B 梁一善

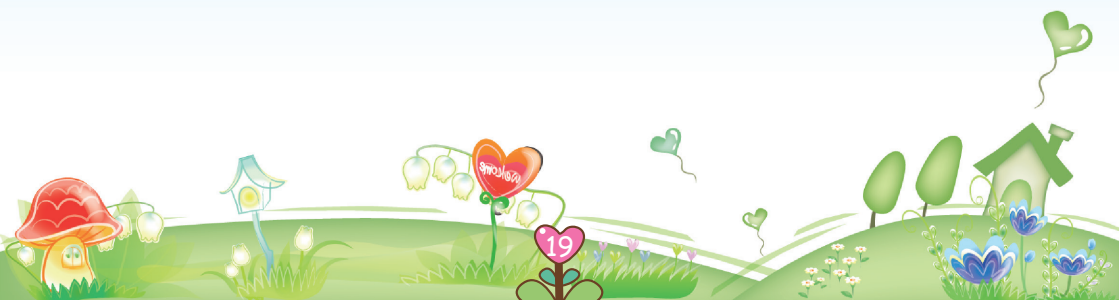
我最思念的人是我的爸爸。因為工作關係，爸爸需要到外地出差，還要三個星期才能回家，這讓我非常想念他。

我的爸爸是個很有耐性的人。記得有一次我生病發高燒，他整晚都在照顧我，一會兒幫我量體溫，一會兒餵我吃藥，幾乎沒有好好休息。看到他這麼辛苦，我心裏既感動又心疼，只希望自己能快點好起來，讓他不用再擔心。

爸爸不僅對家人溫柔，對其他人也很友善。他是一位醫生，在我讀幼稚園的時候，老師邀請他來學校扮演「一日醫生」，向同學們介紹醫生的工作。爸爸不但講解得生動有趣，還幫全班同學做了簡單的身體檢查。當時有個同學特別害怕，爸爸就輕聲安慰他：「不用怕，檢查一點都不痛喔！」為了讓大家更開心，他還自掏腰包買了棒棒糖送給我們，同學們都興奮極了！

爸爸的樂於助人讓我很佩服。每次我們參加教堂的朝聖活動時，他總是背着一個大大的急救包，隨時準備幫助有需要的人。有一次，我們在雨天前往教堂，地上濕滑，我不小心摔倒了，膝蓋擦傷流血。爸爸立刻從急救包裏拿出冰袋和紗布，熟練地幫我冰敷、包紮，減輕了我的疼痛。

我的爸爸就是這樣一個既溫柔又偉大的人。他總是默默付出，不求回報，我以他為榮。現在他不在家的日子裏，我特別想念他的笑容和關懷，真希望他能快點回來！



《一次考試的難忘經歷》

5B 李旻維

在我經歷過的所有考試中，五年級第二次中文作文考試最令我印象深刻。

那天早上，一走進教室就看見同學們都在埋頭複習，有的在默寫生詞，有的在讀範文，教室裏安靜得只能聽見翻書的聲音。我趕緊放下書包，拿出課本開始複習。

「鈴鈴——」隨著清脆的鈴聲，考試正式開始。同學們像離弦的箭一樣，立刻拿起筆「沙沙」地寫起來。因為考試時間只有五十五分鐘，大家都爭分奪秒，誰也不敢停下來休息。寫到一半時，我突然聽見「咔」的一聲——居然有同學已經完成考試，放下鉛筆。我驚訝地抬頭看了一眼時鐘，心裏直打鼓：「天啊，我才寫了一半呢！」

時間一分一秒地過去，我的手心全是汗。當老師宣布「還剩五分鐘」時，我的作文還差一個結尾沒寫完。我急得臉都紅了，手裏的筆不停地顫抖，字跡也變得歪歪扭扭。「鈴鈴——」考試結束的鈴聲響起的那一刻，我剛好寫完最後一個句號，差點就要哭出來了。

交卷後，同學們都在討論作文題目。聽到有人說自己可能離題了，我的心一下子提到了嗓子眼，生怕自己也會犯同樣的錯誤。放學路上，我的腦海裏還在不斷回想考試時的情景，連腳步都比平時沉重了許多。

這次考試讓我明白，平時一定要多練習寫作，考試時才能更從容。現在想起來，那緊張刺激的五十五分鐘，還有最後驚險完成作文的瞬間，都成為了我最難忘的考試回憶。



《這一週真後悔》

5C 梁煜如

七月十六日至七月二十二日

這個星期，我真的得意忘形極了，令我非常後悔。

星期二是暑假的第一天，我心情特別興奮。早上，我在家裏做功課，但我一早已經做完了，然後我去找奶奶帶我吃午餐去。吃完午餐後，奶奶帶我去九龍公園玩，我不停地亂跑亂跳。

到了星期六，奶奶又帶我去公園玩。我在公園玩得樂極忘形，奶奶向我喊道：「煜如，你不要跑得這麼快！你不要跳得這麼快……」我嫌奶奶太囉唆，所以沒有理會她。最後，我一不小心從攀爬架上掉了下來，我抱着我的腿不停說：「很痛啊！很痛啊！」

到了醫院，經過一輪檢查後，醫生說：「你跌斷了左腳，你整個暑假都要在家休息。」

我心想：我很後悔沒有聽奶奶的話，我也明白到「不聽老人言，吃虧在眼前」的道理，希望我的腳可以快點好起來。

《改善過重問題的方法》

5C 曾梓謙

過重是一個越來越普遍的問題，但我們可以通過一些方法來改善這個問題。

首先，我們應該保持健康的飲食習慣。每天要均衡飲食，包括蔬菜、水果、蛋白質和穀物，不要吃太多的垃圾食品和甜食。

其次，我們應該多做運動。每天至少進行一個小時的運動，比如跑步、跳繩、打球等。運動可以幫助我們消耗多餘的熱量，保持身體的健康。

另外，充足的睡眠也非常重要的。小學生每天應該保證有八到十小時的睡眠，這樣身體才有足夠時間來恢復和發育。睡眠不足會影響我們的代謝率，導致體重增加。

總之，通過健康的飲食、多做運動、充足的睡眠和保持良好的心態，我們可以改善過重的問題，擁有一個健康的身體。



《堅毅不屈的蘇炳添》

5C 張子涵

蘇炳添——一位田徑運動員，每天都在辛苦練習，即使受傷了仍繼續練習，終於在奧運會拿到了人生第一個金牌。

蘇炳添於一九八九年八月出生在廣東中山古鎮的一個農民家庭。他小時候活潑好動，對運動充滿熱愛，受喜愛跑步的媽媽和有運動天賦的表哥影響，展現出對跑步的濃厚興趣，經常和朋友玩捉迷藏、紅綠燈等遊戲，每戰每勝。

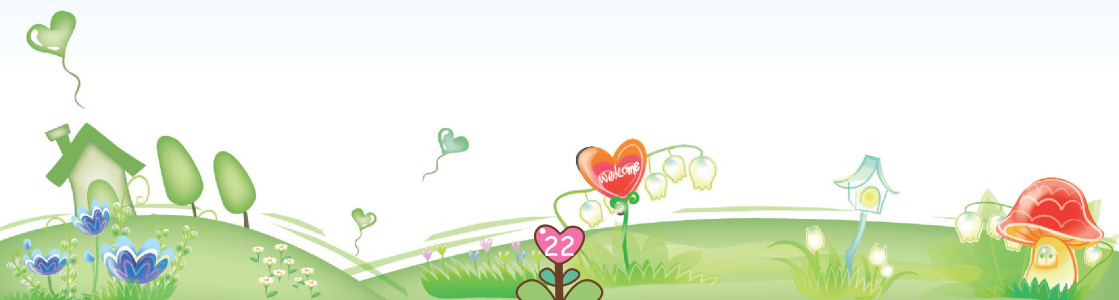
初中時，蘇炳添學習表現不太好，常被要求留校補課，為了逃避補課，他在初二時加入了學校田徑隊，體育老師楊永強發現了他的爆發力和彈跳力出色，原本想讓他練跳高，但在一次體育課短跑比賽中，他輕鬆超過受過專業訓練的田徑同學，於是成為學校田徑隊的短跑隊員。

二零零四年，十五歲的蘇炳添進入中山市體校，開始了系統性的田徑訓練。他不懼訓練艱苦，每日早睡早起，始終堅信努力就能換來賽場上的光芒，正是這份堅持，為他日後的成就奠定基礎。

二零一二年世界挑戰賽川崎站，他以十秒零四成績奪冠，實現職業生涯首次突破。二零一五年鑽石聯賽尤金站，他跑出九秒九九，成為首位破十秒大關的亞洲選手。即便面對傷病困擾，他也從未退縮。

二零二一年東京奧運會，蘇炳添在一百米決賽中跑出九秒八三，刷新亞洲紀錄，並成為首位進入百米決賽的亞洲人，最終獲得第六名，創下中國田徑在該項目的最佳成績。

賽場上蘇炳添果敢堅韌，生活中自律沉穩。他用頑強不屈的意志正面挑戰，以謙遜低調的態度對待榮譽，其拼搏與堅守的精神，值得我們每一個人學習。



《欠做功課的教訓》

5C 卓芷彤

星期一，我不小心把一本作業遺漏在家中而欠交功課，被老師寫家課冊，她便說：「你記緊明天要交回這份功課。」這句說話令我回想到在三年級的時候，我常常被老師寫家課冊的情況。

三年級時，我通常是在星期一被老師寫家課冊，因為星期五時的功課多得可以堆成一座小高山一樣。每次我決心把它移平時，卻未能下定決心，並對自己說：「明天再說，反正還有時間。」結果，那座小高山一直留到星期日的晚上仍未能移平，而家課冊欠交欄上總會在星期一時被班主任填滿。

記得某一個星期一，我又再次欠交功課，所以我不敢被老師看到，便把作業放在抽屜裏。可是，我還是被老師發現了，她對我說：「你的作業呢？是不是又欠了？」我回答說：「我……我……」鄰座的同學不屑地望着我的抽屜，便說：「老師，她的作業還未完成！」同學更把我的家課冊遞給老師記欠交。

雖然我被記欠交功課，但是我仍然沒有改善，繼續拖延。到了星期三，老師再追問我的功課，並請我把功課拿出來讓她檢查，我帶着忐忑不安的心情走到老師的桌子前，給她檢查。老師一看到我未完成的功課，就氣憤地說：「為甚麼你還未完成呢？」我低下頭，不敢再回答。老師繼續說：「你今天下午要留在學校，把所有的功課都完成才可以離開。」放學後，我乖乖的找老師補做作業，一眨眼便完成了。原本以為我可以立刻離開，怎料老師卻說：「為了讓你得到教訓，你這個星期都要留在學校把所有功課完成才可離開！」自此之後，我不敢再欠交功課了。

這次的經歷永遠留在我的心中，提醒我不要再欠交功課。

《一人有一個夢想——警察》

5S 肖焱舜

自小我有一個夢想，就是當一位警察。

記得有一次，我看見一位警察叔叔在追捕賊人，我覺得他很英勇，令我也很想做一位警察，可以為市民服務。

為了達成夢想，我會給自己定下目標。首先，我會努力學習，學好中文和英文，提升自己語文科的成績。其次，我會多做運動，鍛煉體魄，令自己身體強壯起來，為將來投考警察做好準備。

我會繼續努力學習，實現夢想，期望將來能夠做一位好警察。

《改善過重問題的方法》

5S 庾詠嘉

同學家明剛完成身體檢查，發現他的運動和飲食習慣有不少問題，體重有過重的跡象。老師請我擔任「健康大使」，協助他改善過重的問題，我會從運動和飲食兩方面去協助他。

首先，每天要做適量的運動。我每天會和家明一起去做運動，例如：每天打羽毛球半小時、每天打籃球一小時……還可以減少乘搭交通工具，短距離的路程可選擇步行、多走樓梯等。

其次，要有均衡的飲食習慣。我建議家明要戒吃零食和飲料，減少吃油炸食物。他要依照「食物金字塔」進食，例如：多吃蔬菜和水果、少吃肉類等。

總結而言，家明要改善過重問題，一定要從運動和飲食習慣兩方面去做起。

《我最思念的人》

5S 馮文康

我最思念的人是婆婆，她是我住在泰國時的一位鄰居。兩年前，她因病逝世，我很掛念她。

婆婆是一位和藹可親的人，她常常和我聊天，又帶我去吃雪糕和買零食，我很喜歡她。

有一次，她問我住在香港的生活情況，我說：「我在香港生活得很好，交通方便，還認識了很多朋友，老師也對我很好。」婆婆說：「這就好了，我很放心。」婆婆又叮囑我要好好照顧自己。雖然我再也看不見婆婆，但我會聽她的說話，好好照顧自己，做個乖孩子。

我很掛念這位婆婆，她是我
最思念的人。

《我想感謝的人——媽媽》

5S 符湘耀

每個人都有想感謝的人，而我最想感謝的人是媽媽。

每天早上，媽媽會帶我去吃早餐，又會帶我上學去。回到家裏，媽媽會立刻做家務，然後她又趕着到超級市場購買日常用品、蔬菜、水果等。晚上，她要準備晚飯，又要教我做功課，真忙碌！

記得有一次，我生病了，媽媽立刻帶我去診所看醫生。我發高燒，又有喉嚨痛，感到很辛苦。醫生叫我要定時吃藥。回家後，我便上牀休息，而媽媽就為我準備稀粥，然後餵我吃藥。兩天後，我終於痊癒了，真的感謝媽媽對我無微不至的照顧！

媽媽是我最想感謝的人。我愛媽媽！



《外星人奇遇記》

6A 鄧浚偉

某一天，我獨自一人在樹林裡探險，那時已是下午一時。走了一段路後，我聽見一陣微弱的呼吸聲，開始警覺起來，在這杳無人煙的地方不可能有人。我壯着膽子大聲說道：「我知道這裡還有人，快點出來！」

這時，我的身後出現了一個生物，我嚇得往後退了幾步。這個生物全身雪白，身材高大，目測有兩米高，眼睛漆黑，全身幾乎沒有毛髮，其他則與普通人無異。「看來這就是這顆星球的土著，多麼的脆弱。」他說完後，我便使勁狂奔，但這都是無濟於事，很快我就被抓住了。

我全身被捆綁起來，像罪犯一樣被押送着。突然，我的臉撞到了甚麼東西，但面前只是一處荒涼的空地，周圍是密集的樹木。這時，外星人說道：「看來我們到了。」他伸出手掌，對着面前的空氣張開手。原本荒涼的空地上漸漸出現了一艘巨大的飛船。隨着艙門打開，我和外星人一起進去。我被押送到了一個牢房裡，外星人走前還說：「你將會是我們的樣本之一，你真該為此感到光榮！」說罷，大笑着走了出去。正當我感到絕望時，卻看到了他掉在地上的鑰匙。我瞬間充滿了希望。打開牢門後，我不禁暗暗自喜，心想：看來他們不僅自大，還很愚蠢。

逃出牢房後，我為了找到出口，不斷在走廊裡徘徊，陪伴我的只有鞋與金屬碰撞時發出的一陣陣沉悶的聲響。幸運的是在下個轉角，我看到了一個小房間，裡面的箱子裡有着一把類似手槍的物體和幾個手雷。拿上了武器後，我繼續尋找出口，一刻也不敢怠慢。

在這裡的每一個轉角，都蘊藏着無限的可能，誰也不知道會遇到甚麼，但這次幸運女神沒有眷顧我，下個轉角，我遇到了正在巡邏的外星人，我嚇得舉起武器向他射了一槍，但也只是讓他暫時失去行動能力。那個外星人用盡全力按下了手腕上的按鈕，隨後就暈了過去。原本寂靜的走廊開始不斷閃爍紅燈，伴隨着刺耳的警笛聲。我知道大事不妙，開始更加警覺。

我開始狂奔，更加緊張地尋找出口。果不其然，我的身後出現了兩個追兵。為了解決他們，我用力往後拋出一個手雷，然後奔向下一個轉角，雙腳彎曲膝蓋像蓄力的彈簧，向前傾，腰部猛地發力，帶動上半身朝地壓低。隨後，「砰！」的一聲，夾雜着慘叫聲。濃煙散去，只見那兩個外星人已經倒地不起，一時半刻是醒不來的了。

不知跑了多久，我看到一扇大門，「終於……」我不禁感嘆道。當我走到大門前，它自動打開了，映入眼簾的卻是指揮中心。先前押送我的外星人就



在那裡。他驚訝地從椅子上站起身，疑惑中帶點憤怒地說道：「怎麼可能？你是怎麼逃出來的？……」他旁邊的同伴說道：「天啊！你看看你都做了甚麼？因為你的疏忽讓這東西逃了出來！」「誰知道，這東西竟聰明到逃出牢房！」他反駁道。他的同伴說：「現在不是推卸責任的時候！你快解決掉他，我去啟動飛船！快！」在他們對話的同時，我發現了出去的艙門，跑向它。

這時，外星人躲在艙門前，仍是一副高高在上的樣子，我說：「如果你現在回去牢房，我們或許可以留你一條命！」我卻回答道：「這不合乎邏輯吧？獵人怎會要求獵物回到牢籠裏去？」外星人明顯被惹怒了，我不等他反應，舉起武器向他連開數槍，他反應迅速躲開了，但槍射向艙門，艙門打開了。「不要管他了！飛船要啟動了！」他的同伴說道。隨着飛船的倒計時響起，我的雙腳猛地一用力，飛撲出飛船。「三、二、一……」倒計時結束，飛船一眨眼就消失不見了。

這次的經歷驚險刺激，令我一生難忘，比在樹林探險好多了。

《推廣足球運動》

6A 鄧浚偉

為了向同學推廣足球，作為推廣大使的我會向學校建議從以下幾方面著手。

首先，我會建議學校在有蓋操場擺放有關足球的展板。在展板上展示有關足球的賽事資訊或歷史，例如二零二二年十二月十八日在世界盃決賽中，阿根廷隊戰勝法國隊，獲得冠軍，讓同學了解賽事，從而對足球產生興趣。

其次，我也會建議學校張貼海報。設計精美海報，能突出足球運動的激情，例如上屆世界盃比賽的精彩瞬間、著名足球員的標誌性動作等，以吸引同學在小息時欣賞。

然後，我還會建議在操場上建設小型足球場。在小息時讓同學們有足夠時間體驗足球這項運動，安排體育老師在旁邊指導，這樣能讓同學們親身體會到足球的樂趣，大大增加同學們對足球的興趣。

最後，我會建議學校舉辦一個足球與健康的講座。在講座上向同學們介紹足球對身體的各種好處，例如提高身體的耐力、增強心肺功能等，讓同學們認識到足球的好處，他們自然會積極投入這項運動。

相信實行以上建議後，同學們對足球的興趣一定會大大提升。



《外星人奇遇記》

6A 何昀殷

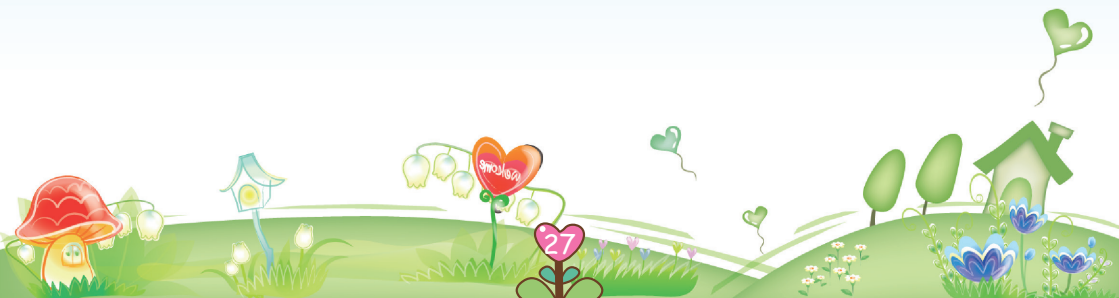
有一天，我和朋友約好要去學校附近的山上爬山。爬着爬着，我突然被山上的樹藤絆倒了，站不起來。朋友們已經走遠了，任我怎麼呼喊都無濟於事，我只好拼命掙扎。

山上十分冷清，杳無人煙，安靜得讓人害怕。我試着喊了一聲，山裏傳來回聲，龐大的恐懼如烏雲般籠罩全身。天空下起狂風暴雨，電閃雷鳴。突然，眼前一亮，身後傳來巨響。「砰！」我轉過頭，竟然看到一艘外星飛船。我呆呆地注視着眼前突然出現的不明物體。緊接着，沉重的倉門轟然打開，裡面突然冒出了一個人。說是人不像人，說是動物又不像動物，更像個外星人。他的眼睛很大，身體呈一種混濁的青綠色，身高有兩米，鼻子塌陷，有像貓一樣圓的尾巴和香腸嘴，長得十分醜陋。

此時此刻，我恐懼萬分，看着眼前的不明物體，只想快點逃離。我轉身想跑，但腳卻被樹藤困住。外星人似乎很好奇我是甚麼生物，往前靠近。我拼命掙扎，只見外星人手掌一張，一股強烈的壓力從天而降，我動彈不得，非常難受。外星人步步緊逼，盯着我注視了好一會，最後手掌一揮。瞬間，我的雙手不聽使喚，無力地垂在一旁，我猶如斷了線的傀儡娃娃。我抬起頭，發現自己被懸在空中，正往倉庫的方向飛去。待我醒來時，彷彿大夢初醒般的左顧右盼，驚愕、困惑、不安、混亂、恐懼……心裏摻雜着各種情緒。接着抬頭望向外星人，他正在操控飛船。我心臟砰砰跳，牙齒也在打顫。

「啊——」刺痛耳膜的聲音傳來，我警惕地望着外星人，壯着膽子對他喊：「你……你到底是誰！從哪裏來？」外星人不回答，自顧自地繼續操控飛船。「砰！」外星船降落了，我跟着下去，卻發現這裡是太空！我被帶到一個房間，只見有許多奇形怪狀的外星人在咕嚕咕嚕地說着甚麼。我非常害怕，害怕自己再也不能在地球愉快地玩耍。等了幾個時辰，終於，他們好像得出了甚麼結論，又看到一個外星人，雙手一揮，我竟回到了山上！又聽到：「你怎麼在這！我找了你很久！」是我的朋友們，我激動地抱着他們。

從此以後，每次望着天空就會想起這次經歷。我沒有對任何人提起過這件事。



《推廣足球運動》

6A 何昀殷

在即將到來的世界盃期間，作為足球學會的推廣大使，我希望以活動的形式向同學推廣足球運動。這不僅能讓他們了解這項運動的魅力，還能真正參與其中。

首先，我會舉辦「足球文化周」。在這一週內，校園內將會以足球的標誌和旗幟裝飾，營造出濃厚的足球氛圍。一周五天皆有不同主題：在「足球歷史日」，我們可以邀請老師講述足球的起源和發展；在「足球技巧日」，我們可以邀請教練教授同學基本的足球技巧；在「世界盃回顧日」，則可播放歷屆世界盃比賽的精彩瞬間，讓同學感受足球的魅力。

其次，我計劃組織「足球夢想分享會」，邀請熱愛足球的同學分享他們的足球故事，包括他們的足球偶像、難忘的比賽經歷等。這種分享不僅能增進同學的情誼，更能激勵其他同學追求自己的足球夢。

另外，我會透過社交媒體平台創建足球推廣小組，小組成員負責定期發佈足球資訊和足球比賽片段，讓同學們掌握足球界別的最新動向。

總而言之，以上活動能激發同學對足球的熱情，促進合作精神。足球不只是一項運動，更是連繫心靈的橋樑。透過這些活動，我希望每位同學在享受足球樂趣的同時，能感受到團結與夢想的力量，正如世界盃傳遞的激情與希望一樣。

《爸爸，您辛苦了！》

6B 梁彥翹

爸爸，您辛苦了！謝謝您在平日無微不至地關心我和照顧我，令我可以幸福地生活。

在日常生活中，因為我有賴床的習慣，您每天早上都需要三番四次地叫我，我才起床。我吃早餐時喜歡發呆，您也會溫柔地提醒我。平常在家裏時，您也會對我噓寒問暖，照顧周到。

在學習上，您也會悉心教導我。我不明白時，您不會直接說出答案，而是循循善誘地撥通我的思維，目的是令我在未來能夠靠自己解決問題。

在我做錯事時，您會叫我先冷靜自己，然後對自己的行為進行反思，令我意識到這種行為是不恰當的，這也讓我累積了控制自己情緒的經驗。

爸爸，您在不同的時候幫助了我、協助了我、教導了我……令我能幸福快樂地生活。爸爸，您辛苦了！謝謝您！

《手提電話與我們的生活》

6B 陳焯堯

隨著現代科學的發展，手提電話已經不只是一部電話，它在與別人通訊、溝通方面、學習方面、娛樂方面和日常生活方面都方便了我們。

首先，手提電話方便了人與人之間的溝通。手提電話有許多交流軟件，它們的功能主要方便我們的溝通，例如打電話、發短訊、發照片、視像等，可以方便我們隨時隨地與相隔兩地的親朋好友聯繫。因此，手提電話已經成為了我們的生活必需品。

其次，手提電話還方便了我們平時學習。手提電話像一個充滿智慧的大腦，我們所有不知道的資料，都可以通過詢問它來找出答案。手提電話可以在任何時間幫我們學習，例如近年流行病大行其道，許多學校因此停課，這時用手提電話上網課成為了我們學習的主要方式，讓我們足不出戶也不會荒廢學業。因此，手提電話在學習上已經成為了我們的必需品。

然後，手提電話也方便了我們日常娛樂。在沒有手提電話時，我們聽音樂需要去實體店買光碟、看電影需要去電影院；現在，這些事情在手提電話上隨時隨地都可以做。故此，手提電話方便了我們隨時隨地娛樂。

最後，手提電話可以方便我們的日常生活。以往瞭解近期發生的事物需要購買報紙；現在在手提電話上可以隨時隨地查看各地的新聞。以往購物要用現金，找錢特別麻煩；現在只需用手提電話中的軟件即可支付。故此，手提電話方便了我們的日常生活。



《一張舊照片的回憶》

6B 陳浩仁

有一天，我在打掃時，無意中發現了一張照片，那張照片令我回想起當時在馬來西亞的旅行經歷。

這張照片是在馬來西亞 天城室外主題樂園裏拍的。照片裏有兩個人，分別是我 and 另一個人。那天有點冷，估計只有攝氏十七度。

在這張照片中，能看見一座跳樓機，雖然那座跳樓機與我們當時身處的距離很遠，可是仍然可以很清楚地聽到人們在玩跳樓機時，因為害怕而大叫的聲音——震耳欲聾。光是看見這座跳樓機，和耳邊淒厲的叫聲，我就會感覺身處其中，恐懼的感覺油然而起。

每當我看見這張照片，回憶就紛紛地湧入腦海中：玩過山車的刺激、玩跳樓機時的畏懼、玩漂流時的興奮……

如果真的可以再多去一次旅行，我一定會選去馬來西亞的天城室外主題樂園！誰都無法阻止我！

《媽媽，您辛苦了！》

6B 陳焯堯

媽媽，您辛苦了！您在生我時吃了不少苦，又細心地照顧我長大，在任何方面都對我無微不至，讓我時時刻刻快樂地成長。

媽媽，您十月懷胎受了不少的苦頭才生了我。您在懷我時，肚子脹得那麼大，連睡覺都睡得不安穩，這種情況您經歷了十個月之久。期間，您不但沒有唉聲嘆氣，還細心地養胎，讓我順利地降臨世間。媽媽，您受苦了！

媽媽，您在日常生活中細心地照顧我的衣食住行。記得有一次，我的床上出現床蟲。即使您那天剛下班，且已是凌晨，整個人都累得不成樣子，但仍堅持為我換床單，為我捉蟲子。媽媽，感謝您對我無微不至的照顧！

媽媽，您在上班之餘還要關顧我的學習。當我對課本上或現實中有任何問題，您都會耐心地為我一一解答，不管多難，您也會盡力為我計劃。在我學業有所進步時，您會鼓勵我，但不會讓我過於驕傲，這令我的成績更加進步了。媽媽，您辛苦了！

媽媽，您體貼地照顧我衣食住行、關心我學業，無論如何我也還不了您對我的恩情！古詩說得好：「誰言寸草心，報得三春暉？」

《假如我遇上外星人，我會……》

6C 馮赫一

如果我遇上外星人，我會捉外星人到地球做研究，我認為以外星人的科技水平，無論在食物或是飛船都會超越人類，對我們的科研很有價值。

有一天，我竟然真的遇上外星人，我毫不猶疑地把他打暈，再打上一針強大劑量的麻醉針，再用繩子把他綁起來，我擔心外星人的身體素質肯定比我們地球人類強，於是把他放進倉庫裏。

我上前仔細一看，這外星人長得像個機器人一樣，全身黑色、身體瘦弱，頭是大大及堅硬的，眼睛空洞無神，煞是嚇人。

我急不及待地帶外星人飛回地球。開始飛行半小時外星人就醒了，那外星人只用數秒便解開了所有捆綁他的東西。大家都很驚慌，不知道他接下來想做什麼，來襲擊我？破壞飛船？還是要逃跑？大家都不知所措。

我萬萬沒想到那外星人竟然甚麼都沒幹，反而在好奇地觀察我們的火箭。他從一開始表現驚喜，臉色逐漸變得難看，最後露出厭惡的神情，這些都被我們用監控看到了。

然後，外星人向控制室衝去，不消兩秒鐘就把控制室的大門打開了。我立刻把火箭調成無人駕駛模式。外星人一直看著我，感覺他已把我看穿，我以為要開始跟他搏鬥，可是他不但沒有為我之前的行為感到憤怒，反而主動向我提出跟我做朋友。他說對我們的科技很有興趣，我也感到莫名其妙。原來他在外星球沒有見過我們這樣的火箭，雖然材料比較普通，但能用這些普通的材料創造這麼好的火箭，真是十分難得。他誇讚我們地球人的科技真是博大精深。

正當我們還在開心聊天時，突然火箭發生了震動，控制室裏傳出危險的警號。我立刻前去查看，原來是發動機壞了。這時，飛行方向也偏離了軌道，前方出現了一塊小型隕石，很快就要撞上，於是我跟外星人分頭行動，他用他們星球的武器來阻止隕石前進，例如「等離子加農炮」等高科技。

可是他拿出「等離子加農炮」時我就跟他爭吵起來。因為使用「等離子加農炮」對地球傷害太大，打碎的隕石會撞向地球，而那些碎片也會給火箭造成傷害。

我立刻使用「時間緩慢器」，分秒必爭地修復發動機，這時外星人也立刻幫忙調換方向，這才躲開了隕石，避開了一劫，我當時手心冒汗，汗流浹背，驚險萬分。

最後我還邀請外星人到地球參觀，我們還向他請教了他們星球的先進科技呢！

《盡自己本份》

6C 林子淇

每個人在家庭、學校和社會擔當不同的角色，在這些方面做好自己的本份，而我也也不例外。

首先，在家庭中，我是爸媽的女兒。我會幫家人煮飯、做家務、洗衣服……做自己力所能及的事情，也會主動溫習。當爸媽累了的時候，幫他們按摩，以盡孝道。

其次，在學校裏，我是一個好學生。我會專心上課、認真學習，遵守校園規則。小息時與同學玩遊戲、看書、畫畫等；我是同學的好朋友，帶領同學們走上熱愛學習的路上；我也是圖書館大使，我會幫助同學們借閱圖書；我更是一個班長，我會幫老師拿書簿和教具。我會盡學生本份，帶領同學逆風而行。

最後，我是一個市民，是社會的一朵小花。我會做個保護社區的好公民，讓美麗的花朵每天都打扮得漂漂亮亮，展開燦爛的笑容。此外，我也會熱心參加義工活動，例如：捐錢、賣旗、義賣等，我都很樂意參加。

總的來說，我在家庭、學校和社會三方面都做好了自已的本份，我擔當了不同的角色，我會好好裝備自己，將來為社會出一分力，成為社會好公民。

《奶奶，您辛苦了！》

6C 馮赫一

奶奶，您辛苦了！您一直默默地照顧我，您的好，我都歷歷在目。

之前在鄉下的時候，都是您在我身邊照顧我。當我生病的時候，是您帶著我去診所看病；當我沒考到理想的成績，是您輕拍我的頭說：「下次再努力！」；每當我拿到好成績，您也會偷偷給我零用錢獎勵我。奶奶，我真的很感激您。

小時候是我不懂事，讓您辛苦了。記得您總是在吃完飯後，一個人收拾桌子、洗碗，那時候我卻只顧着玩。現在我長大了，可以幫您做很多事了——以後碗我來洗，地我來掃，您歇着就好。

奶奶，您真的辛苦了。您從以前的容光煥發，變成了現在滿臉皺紋的模樣。有時候看着您的白髮，我總覺得自己是個小偷……是我偷走了您的時間。如果沒有我，您一定會過得更輕鬆、更年輕吧！

您從未抱怨，反而把所有的希望都放在我身上，所以我一定會努力讀書、認真比賽，將來讓您過上好日子。

您在我身上花了那麼多心血，就是希望我健健康康、堂堂正正地長大。您像溫暖的陽光，用您的話語和行動，讓我這株小苗茁壯成長。

「慈母手中線，遊子身上衣。」這句詩原本是寫給母親的，但奶奶，您對我來說，就像媽媽一樣。您給我的愛，我這輩子都報答不完。

奶奶，謝謝您！我一定會好好報答您的。

《一場難忘的足球比賽》

6C 賴子朗

回顧過去六年的小學生活，總有一些課外活動令我難以忘懷，而三年前那場足球比賽，就像一顆閃亮的星星，永遠閃耀在我的記憶中。

那是三月的一個午後，陽光溫柔地灑在綠茵場上。作為校隊主力，我帶著滿滿自信來到比賽場地。賽前，我們已經進行了長達兩個月的特訓，每天放學後在操場上揮汗如雨，我甚至能閉着眼睛說出每個隊友的跑位習慣。教練拍着我的肩膀說：「這次冠軍，非我們莫屬！」我也深以為然。

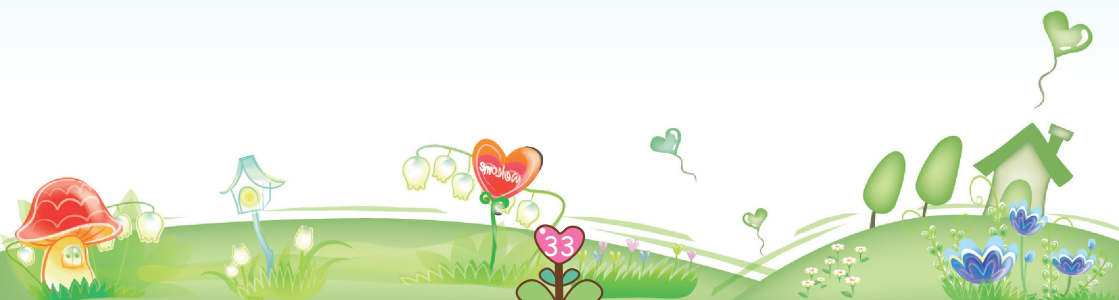
到了比賽場地，當我看到對手時，我不寒而慄，我的手腳都不由自主地發抖；做熱身時更是力不從心。他們個個身材高大，我低頭看看自己瘦弱的手臂，突然覺得足球鞋變得異常沉重。

快要比賽了，我想起自己是足球隊的主力，便更不能成為「逃兵」。頓時眼前的境況像奇蹟一樣，我看到隊友們眼中重新燃起火光。

到了比賽的時候，一開始就因為對手那強壯的身體和越來越強勁的進攻，比賽變得越來越艱難，對手一球又一球地射中龍門，隊友們也一個一個開始洩氣。看見這個情景，我開始鼓勵隊友：「雖然我們落後一球又一球，但我們要團結，不嘗試怎知道結果如何呢？」

我們開始反攻了，雖然落後了很多，但我們是經過千錘百鍊的，所以我們並不害怕，還加強了進攻。終於找到了機會，隊友相信我，把球傳給我，我知道我的機會來了，我加速了，我扭過了一個人，接著一腳射進龍門，終於，我憑著隊友們合作，「進球了！我們成功了！」我興奮地大喊一聲。

雖然比賽最後還是輸了，但我認為我贏了，因為我不會像以前一樣，輸了比賽就責怪隊友，我明白到團隊合作和同學們的和諧是十分重要的。這場比賽真是令我獲益良多。



《一次難忘的課外活動》

6S 倪梓葵

上個月，媽媽為我報名參加「盲人生活體驗」活動。回到學校，陳老師告訴我，小美也會一起參與，我們都對這個活動充滿好奇。

星期六早上，我們跟隨陳老師乘旅遊巴出發，前往社區中心。活動開始後，老師讓我們手上拿着一支木棒，然後進入一個漆黑的空間，模仿盲人走路。突然間，眼前一片黑漆漆的，令我難以適應。一陣強烈的冷風吹過我的心胸，更令我感到不安。

我和小美在黑暗中迷失了方向，初時驚慌失措，感到十分無助和害怕。幸好，我們很快就冷靜下來，在黑暗中互相幫助，最終成功走出那個黑暗的空間。

在這次體驗中，我深刻體會盲人生活的艱辛，也學會在困境中保持鎮定與合作，收穫十分珍貴。

《一張舊照片》

6S 張紫欣

昨天晚上，我在整理書桌時，無意間看見一張變黃了的舊照片，照片中的情景，令我想起美好的兒時回憶。

照片裏，我和妹妹正在搖搖晃晃地學走路，身後站着漂亮的媽媽，她的臉上帶著溫柔的笑容。媽媽第一次帶我們去商場玩和購物。記得我和妹妹第一次體驗新奇的電動車，我們興奮地坐在車上，媽媽還拿著手機，不停地為我們拍照。

電動車很快就停下來了，我們依依不捨地離開。之後，媽媽帶我們去買了新衣服、洋娃娃、鞋、牙刷等日常用品。最後，媽媽還買了些新鮮的水果回家，準備做美味的沙拉。

現在我們已經不可以再玩那些電動車，因為我們長大了，要留給別的小朋友玩。如果可以回到過去，我一定會更加珍惜那段美好的時光。照片裏的妹妹，是多麼可愛和乖巧，和現在調皮的樣子截然不同。這張舊照片記錄了我們的成長，我會好好保存它。



《我的媽媽》

6S 張紫欣

我的媽媽身材苗條，她總是面帶笑容，像溫暖的陽光照亮我的生活。

有一次，媽媽下班回來已經很疲累了，可是我還是吵着要吃番茄炒蛋。她二話不說就走進廚房，不一會兒，香噴噴的番茄炒蛋就端上了桌。我吃得津津有味，而媽媽卻還要忙着做家務，教導我做功課，直到深夜才能休息。爸爸常說，媽媽總是耐心地教導我，讓我明白事理。

還有一次，我不小心弄壞了好朋友最心愛的洋娃娃，她生氣地跑開了。我不知該怎麼辦，回到家後，媽媽聽完事情的經過便溫柔地說：「你還沒道歉呢，明天說聲對不起，再送她一個新的吧！」第二天，我照做了，朋友果然原諒了我。

媽媽用她的愛扶持我，照顧我和培育我成長。媽媽，謝謝您！願您永遠健康快樂！

《日記一則》

6S 倪梓葵

九月十九日 星期四 雨天

今天早上，我起牀時發現天氣很差。從電視上看到「三號強風信號」和「黃色暴雨警告信號」同時生效，這意味着我要冒着風雨上學，心裏感到有點麻煩。

上學路上，情況一片混亂。樹葉被風吹得左搖右擺，塑料袋和垃圾隨風飛舞，車子駛過時濺起了水花，弄濕了路人的衣服。我的頭髮都被雨淋濕了，有些同學的傘子被風吹翻了，大家都顯得很狼狽。

我到達學校時，看到小明因為趕時間，在風雨中奔跑，他不小心踏到了一個大水窪，結果全身濺濕了，更不小心摔了一。老師發現後，立刻帶他去醫療室檢查傷勢。

今天的事讓我明白到，在風雨中不要亂跑。如果沒有特別重要的事情，最好不要外出，這樣才能保護自己，以免受傷。



My pencil case

1A Lam Chuen, Jayden

This is my pencil case.
I have one pencil.
I have one crayon.
I have on ruler.
I have one rubber.
I like my pencil case!



My puppet

1A Tsang Sin Tung, Ellis

This is my puppet, Roger.
It is big and thin.
It has eight big mouths.
It has small eyes.



In the park

1A Luk Tsz Lai, Tenny

I can see a girl.
She is on the bench.
She is drawing.

I can see a cat.
It is under the bench.
It is sleeping.

I can hear some birds.
They are in the tree.
They are singing.

I can see a Pikachu.
It is on the grass.
It is playing.



My Elephant Doll

1A Mak Chun Man, German

My Elephant Doll has small eyes
and a long nose.
It has a red T-shirt,
a yellow cap and blue trousers.
It is eating and drinking.



My Dream School

2A Lau Hin Ting, Kobe

My dream school is Pikachu School. It is in the USA. I go to school by airplane. There are five floors. There is a toy room and an ice cream room. We can play with toys in the toy room. We can eat ice cream in the ice cream room.

I like my school because there is a toy room.

My Dream School

2A Wong Wai Shan, Nikko

My dream school is Kuromi School. It is in Tsing Yi. I go to school by plane. There are nine floors in my school. An art room is on the first floor, and a computer room is on the fifth floor. I can paint pictures and play computer games in those rooms.

I like my school because it is big.

A reply letter about a meeting with friends

2A Liu Tsz Long, David

21 February

Dear Amber,

Thank you for your letter. It is great that you are visiting Hong Kong soon!

We are not free on 17 March after school. Anna usually plays the piano on Friday. For other days of the week, Ken usually plays football on Wednesday and Thursday. Tim usually has swimming lessons on Wednesday. He also has painting lessons on Saturday. Cindy usually goes to the library on Monday.

I do not have any activities from Monday to Friday after school.

Are you free on Sunday? Can we meet at two o'clock in the afternoon?

Please let me know.

Your friend,

Irene

Four Seasons

2A Ng Hoi Ching, Abby

There are four seasons in Hong Kong.

Season: Spring

It is warm in spring.

I have a picnic at the park.

I wear a red T-shirt and blue shorts.

I feel happy and great.



Season: Summer

It is hot in summer.

I go swimming at the beach.

I wear black sunglasses and a red skirt.



Season: Autumn

It is cool in autumn.

I have a barbecue at the park.

I wear a blue T-shirt and red trousers.



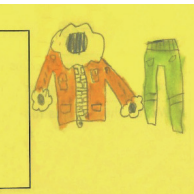
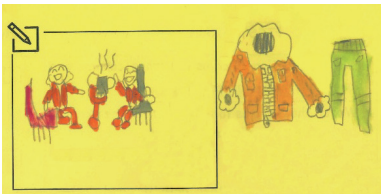
Season: Winter

It is cold in winter.

I have hotpot at home.

I wear an orange coat and green trousers.

I feel so happy.



My Dream School

2B Ngok Jing Hei

My dream school is Hero School. It is in Tsing Yi. I go to school by bus.

There are five floors in my school. There is a music room and an art room.

I can sing songs in the music room. I can draw pictures in the art room.

The music room is on the sixth floor. The art room is on the fifth floor.

I love my school because the school is big.

My Dream School

2B Chan Yi Ching, Hannah

My dream school is Monster Primary School.

It is in Kowloon. I come to school on foot or by bus. There are six floors in my school.

There is a library and a computer room. The library is on the first floor. The computer room is on the second floor. I can read books in the library. I can use the computers in the computer room.

I like my school because I can read lots and lots of books.

A reply letter to Amber

2B Deng Jun Feng, Jason

21 February

Dear Amber,

Thank you for your letter. It is great that you are visiting Hong Kong soon!

We are not free on 17 March after school. Anna usually plays the piano on Friday. For other days of the week, Ken usually plays football on Wednesday and Thursday. Tim usually has swimming lessons on Wednesday. He usually has painting lessons on Saturday. Cindy usually goes to the library on Monday.

I do not have any activities from Monday to Friday after school.

Are you free on Sunday, 12 March? Can we meet at 4p.m. in the Fun Fun Park?

Please let me know.

Your friend,
Irene

Seasons

2B Lam Man Fung, William

There are four seasons in Hong Kong.
It is warm and wet in spring.
I have a picnic at the park.
I wear a red T-shirt and green shorts.
I feel happy and great.

It is hot and sunny in summer.
I eat ice-cream at the beach.
I wear red sunglasses and a red skirt.

It is cool in autumn.
I have a barbecue at the barbecue site.
I wear a scarf and gloves.

It is cold in winter.
I play snowballs at the Snow Park.
I wear a red scarf and red gloves.
I feel cold.

Helping at home

3A Chang Ernest

I help my parents do housework at home. I want to help because Grandma is old, and Mum and Dad are busy. I can help at home on Saturday night.

I can dust the shelves next to my desk. I can fold the clothes in the bedroom too.

My younger sister Riley can help too. Riley can tidy the toys in the play zone. She can clean the table in the dining room too.

I feel happy and comfortable about helping at home because we can make our home clean and tidy!

Suki's Clothes Shop

3A Cheung Shun Kiu, Suki

Date: 12th May

Time: From 12:30 p.m. to 9:45 p.m.

Place: Suki's Clothes Shop (It is next to the bookshop.)



We have music, gifts and coupons for you.
Come to the event! Don't miss the chance!

My Birthday

3A Liang Yip Sing Moses

My birthday is on 16th May. I went to a theme park with my family on my last birthday.

We had a big meal and played on the rides. My mum gave me a toy car as my birthday gift. I liked my gift very much because the toy car was very nice.

I was happy because I had a wonderful birthday.

Prince Tom

3A Tse Wai Yi, Winnie

Yesterday, the king wanted some apples. Prince Tom wanted to help him. Prince Tom walked to the forest to pick some apples. In the forest, there was a dragon behind the smoke. It was loud and strong.

Prince Tom was not afraid because the dragon was nice. It even picked some apples for Prince Tom. In return, Prince Tom shared his sandwiches with the dragon. Later, Prince Tom returned to the castle and the king was happy.

My Birthday

3A Chang Ernest

My birthday is on the twenty-second of September. I stayed at home with my parents and relatives on my last birthday.

We played four card games and I won a lot of rounds! After that, we had a big meal. The food there was delicious! I was happy. My dad gave me a super cool scooter. I liked it because it's very fast!

I was happy because I could have a good time with my relatives!

My diary

3B Tai Yiu Kok, Duncan

20th April, 2025 Sunday

The weather was rainy, so I stayed at home.

I played table tennis with Mum. Then we had dinner.

I felt sad because I only ate rice with a simple dish.

By Duncan

Where are my things?

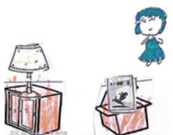
3B Wong Chin Tung, Ally



The computer is on the mat.



The cat is on the sofa.



The lamp is on the cupboard.

The book is in the box.

By Ally Wong

My classmate

3B Lam Hoi Kiu, Yuki

This is my classmate, Ally. She is short. She has long hair. In her free time, she likes making crafts and playing online games.

She likes PE most because she is good at playing physical games and running. We are good friends.

My diary

3B Shing Chun Hei, Hayden

18th April, Friday

The weather was cloudy and cool. I went to the beautiful park. I played basketball with my friends. I felt excited. Later, I ate a delicious hamburger. I felt joyful.

Johnny had a stomachache

4A Sze Ting Huen, Chloe

One day, Johnny was in a fast food restaurant. He was hungry. He ate a lot of junk food. He felt excited.

Next, Johnny ate too much junk food. He had a stomachache after eating.

After that, Johnny saw a doctor when he felt unwell. The doctor said, "do not eat too much junk food, eat more healthy food." He felt better.

Finally, Johnny changes his eating habits. He eats plenty of vegetables, fruits and grains. He feels good.

An accident

4A Lam Yat, Julie

I seldom go cycling because I am not good at cycling. My friend, Jamie went cycling with me in Tai Po.

There was a slope on the cycle lane. I rode very fast and I fell on the ground. I did not wear a helmet so I hurt my face and knee.

I felt sad. Jamie saw what happened. He called for help and looked after me. I said, "Thank you Jamie." I should wear a helmet next time.

A Fun Day

4A Sin Man Fai, Matthew

On Monday, Matthew got off the bus at the shopping mall.

Next, Matthew met a girl with a rooster at the restaurant. The girl jiggled and wiggled in front of Matthew. He felt surprised. He shouted, "Hello!"

After that, Matthew met a boy with a dog at the supermarket. The boy sang and danced in front of Matthew. He felt shocked. He laughed and said, "Good morning!"

In the end, Matthew went home. He was happy.

An email to my friend

4A Sin Man Fai, Matthew

From: andy@jolly.com

To: jack@jolly.com

Subject: Let's go to the Seaside Funfair

Dear Jack,

Let's go to the seaside funfair together!

My brother and I are going to the Seaside Funfair at Jolly Harbour on Saturday afternoon.

At the funfair, we can play games at the game booth. We can go on the roller coaster and buy snacks at the food stall too. I want to ride on both the Ferris wheel and the merry-go-round.

Are you interested? Please let me know before Friday.

Best,
Andy

An email to my friend

4AS Fok Chun Sin, Sylvia

From: andy@jolly.com

To: jack@jolly.com

Subject: Let's go to the Seaside Funfair together!

Dear Jack,

My brother and I are going to the Seaside Funfair in Jolly Harbour on Saturday at 3:30pm.

We can play games at the game booth. We can play on the bumper car too. I want to play on the jumping castle.

Are you interested? Please reply to me by Sunday.

Best,
Andy

A Reader's Review

4AS Fok Chun Sin, Sylvia

My favourite book is The Adventure of Pinocchio. It is an adventure story about Pinocchio, a puppet whose nose grows longer every time he tells a lie. He goes through many adventures and his nose grows longer, he learns important lessons.

I like this book because even though there are difficulties, they are always solved in the end.

My favourite character is Pinocchio. He ran away from home and met the Fox and the Cat. He saved Geppetto at the end in the story. I like him because he is brave and smart.

Healthy Eating

4AS Law Ka Ying, Hazel

Last Sunday, Johnny had dinner at home. He ate plenty of chicken wings, chips, cupcakes, a little chocolate and a little coke.

Johnny ate too much junk food. After eating, he felt too full and painful. He went to see the doctor.

The doctor said to Johnny, 'You eat too much junk food. You should eat less chicken wings and chocolate. You should drink less coke. You should eat more vegetables and fruit.'

Johnny changes his eating habits. He eats more vegetables and fruit. He does more exercise every day. He is fit and popular.

The Gingerbread Man

4B Long Cheuk Ken, Trevor

Once upon a time, there was a hungry fox. The fox was sleeping in his bed peacefully.

Then the hungry fox woke up with a big yawn. When he checked the fridge, he saw that he had no food for breakfast. He was sad, so he decided to go to the supermarket.

At the supermarket, the fox first thought he could buy yummy food. However, he realized he had no money, so he couldn't buy anything.

The fox was going back home with a sad face. Suddenly, he saw the Gingerbread Man. The fox smiled and wanted to eat the Gingerbread Man. The Gingerbread Man scattered some magic beans. Then, the rock turned into chicken wings and the grass turned into ice-cream.

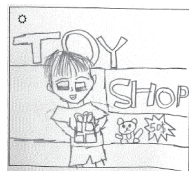
In the end, the fox ate all the food. They became good friends. The fox felt grateful.

Shopping is Fun

4B Law Tsz Kiu Elsa

Today, Miss Law with a iPhone 16 Pro, got off the bus at the shopping mall.

First, Miss Law met a girl with a big hat at the cake shop. The girl was singing and dancing in front of Miss Law. Miss Law was surprised. The girl said, 'Would you like to have a hat too?'



Then, Miss Law met a boy with a birthday present at the toy shop. The boy was jumping up and down in front of Miss Law. She felt nervous. The boy said, 'Would you like to go to the birthday party?'

Next, Miss Law met a teacher with a balloon at the restaurant. The teacher was eating a giant pizza in front of Miss Law. Miss Law was nervous. The teacher said, 'Do you want to eat the pizza with me?'



In the end, Miss Law went to the birthday party. She wore a big hat and ate a giant pizza. She was full and felt happy.

No Queen Day

4B Chow Hoi Ying, Kirsty

On the 7th of June, the Queen did not want to work. It was No Queen Day, so she went to the park.

The Queen went on a picnic with her friends. They ate some sandwiches and watched the birds. Next, the Queen went to the beach with her friends. They made a big sandcastle and swam. After that, the Queen went to her favourite restaurant.

The Queen and her friends went to the restaurant and found that it was closed. They felt sad, so they decided to go back to the palace. They called the driver to take them back to the palace. When they arrived, they told the chef to cook the Queen's favourite food for them. They felt happy.



The Happy Shopping Day

4B Lin Yu En Ivan

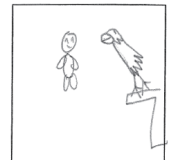
On Sunday morning, Ivan with a red bag got off the bus at the shopping mall.

First, Ivan met a boy with a dog at the toy shop. He jumped up and down in front of Ivan. He was surprised. Ivan said, 'Be careful!'



Next, Ivan met a security guard with a cat at the pet shop. The security guard sang and dance in front of Ivan. He was happy. He said, 'Dance with me! It is fun!'

Then, Ivan met an officer with a rooster at the sports shop. The officer was eating a giant pizza in front of Ivan. He was overjoyed and said, 'This pizza is yummy!'



In the end, Ivan was happy because Ivan had met many people that day.

Future Me

4C Wong Tsz Ling

Dear myself,

How are you? I hope you are doing well.

This year, I enjoyed Christmas the most. I decorated the Christmas tree, and I felt overjoyed.

I made two resolutions for the coming year. First, I want to stay healthy because I often get sick. I need to have a healthy diet.

Second, I want to improve my school results because I often fail my tests. I need to do more revision.

See you soon.

Love,
Daisy

An email to my friend

4C Chan Sze Ching

From: andy@jolly.com

To: jack@jolly.com

Subject: Let's go to the Seaside Funfair together!

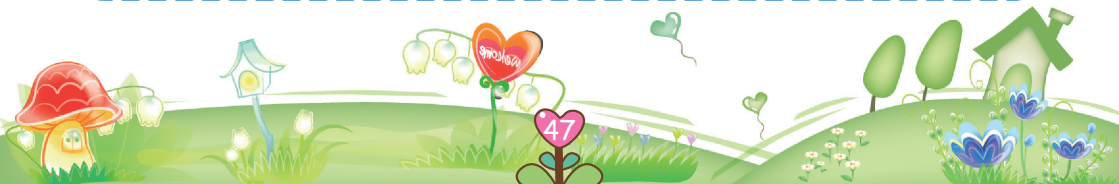
Dear Jack,

My brother and I are going to the Seaside Funfair at Jolly Harbour on the 22nd and 23rd of October. The event will be held from 3:00 pm to 9:00 pm.

At the event, we can play games at the game booths, go on the rides, and eat delicious food. I am especially excited to ride the Ferris wheel and roller coaster.

I am looking forward to your reply before this Sunday.

Yours,
Andy



A healthy diet

4C Chan Sze Ching

Yesterday, Johnny ate a lot of unhealthy food, including potato chips, fried chicken, a bar of chocolate, and a can of cola. He ate like a horse.

He ate too much junk food and got a stomachache. He felt very uncomfortable, so he went to see the doctor.

The doctor told Johnny that he should eat more healthy food and drinks. The doctor said, "You should eat more low-sugar food and drink pure fruit juice or water. Also, you have to do more exercise. Then you will be healthy."

After that, Johnny started eating a lot of healthy food and doing more exercise. He became healthier and was happy.

An Accident

4C Chan Ka Lam

I seldom go cycling because I find it uninteresting. However, my friend, Peter, went cycling with me in the park last Sunday.

There was a slope on the cycle lane. I rode very fast and fell to the ground. I was not wearing a helmet and ended up hurting my face and knee.

I felt scared and in pain. Peter saw what happened, called for help, and took care of me. I should be more careful next time.

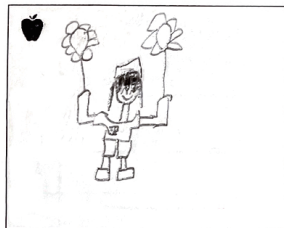
The Fun Day Out

4CS Wan Sze Ming, Daisy

In the morning, Daisy, with a school bag, got off the bus at the shopping mall.

First, Daisy met a police officer with balloons at the shopping mall. The police officer ate a giant pizza in front of Daisy. She was overjoyed. The police officer shouted, "Hello!"

After a long day, Daisy went home.



Finding the way

5A Chan Tsz Ki, Shirley

Last Saturday, Anna and dad visited Hong Kong for the first time. First, they went to Hong Kong Disneyland by train. They took photos with Mickey Mouse and played roller coaster. They were excited.

After dinner, they went to the hotel, but they got lost.

Anna and her dad asked, "Could you tell me the way to the hotel, please?" The pedestrian answered, "Turn left and walk along Happy Road. Then turn right and walk across footbridge. The hotel is on your left." Anna asked, "How long does it take from here to the hotel?" The pedestrian answered, "It takes about 20 minutes." Anna and dad said, "Thank you."

Finally, Anna and dad went back to the hotel. They felt tired.

A Family Camp

5A Zheng Ching Fung, Jacky

Bobby went to a family camp with his parents. After lunch, they went to find out what activities were available in the afternoon. While looking at the noticeboard, Bobby saw a boy at the camp. He wanted to make new friends.

Bobby saw a poster about a horse-riding class. He asked the boy, 'Would you like to join this class?' The boy replied, 'Yes, I would like to join this class.' Bobby then asked, 'What is your name?' The boy answered, 'My name is Peter.'

Bobby asked, 'Have you ever ridden a horse, Peter?' Peter answered, 'No, I have never ridden a horse.' 'Let's go to the class together,' Bobby said.

In the afternoon, Bobby and Peter learned how to ride a horse. They had so much fun and felt excited.

Finally, Bobby and Peter became friends and enjoyed the camp.



At Inspiration Lake Today

5A Chan Ting Man, Vicky

I went to Inspiration Lake with Dad today. We were having a picnic. We ate some sandwiches and drank some juice. After we were done eating our food, we decided to pack our things and play football. It was very fun until I kicked the ball too hard!

The ball went flying into the lake! My dad saw it and grabbed a stick. He tried to get it back, but it didn't work. It was too far away.

So, my dad jumped into the lake and swam to get the ball back. After getting the ball back, I thanked Dad for getting it. I felt very relieved.

After a long day, we finally went back home.

Posted on Saturday, 20 October, 8:13 p.m.

Tom's Football Dream

5A Wang Wing Yan, Mango

One day, Tom and his dad went to the stadium and watched a football match. They were very excited. They felt delighted. Tom said, 'Dad, I want to be a football player.' Tom's dad said, 'It is very hard to be a football player but you can try.' Tom said, 'It doesn't matter. I can do!'

The next week, Tom went to the football team. The football team captain said to Tom. 'Welcome Tom!' said the captain. Tom said, 'Thank you!' Tom was very excited.

At the football practice, Tom fell over and was hurt. He said, 'Ah! I'm in so much pain!' Tom's friend asked, 'Are you okay? Let me help you up.' Tom's friend was helpful. He took Tom to the medical room.

In the end, Tom got better with the help of the doctor. He practiced football every day and became a good football player.



Tom's Football Dream

5AS Cheng Hoi Yiu Zoey

One day, Tom and his dad went to a stadium to watch a football match. The match was amazing and they were very excited. Tom said, "Dad, I want to be a football player." His dad supported him.

The next week, Tom joined a football team. He felt happy when his teammates said, "Welcome, Tom!" During football practice, Tom suddenly and carelessly fell over and hurt his leg.

In the end, he practiced very hard and his courage to never give up turned him into an excellent football player.

The Missing Necklace

5B Ho Chin Ting, Vincent

One day, Ben and Betty went to the park. It was time to go home. Suddenly, Betty said, 'Hold on! Where is my necklace?' In a panic, that necklace was very important to her but it was missing, so Betty was very distraught.

Then, Ben and Betty went to the park office. The park officer with curly hair saw them in a rush so he asked, 'What's wrong?' Betty then said, 'My necklace just went missing, it has a heart-shaped on it. Has anyone seen it?' The park officer was checking if there was any necklaces with a heart-shaped on it but he didn't find any.

Later, Ben and Betty went back to the park again to find the necklace. While Betty was searching for her necklace, Ben saw a woman holding a necklace, she looked like she was looking for someone. He went up to her and asked, 'Is this necklace yours?' 'No, it isn't. I have just found it on the grass,' said the woman. Ben took a closer look and realized it looked exactly the same as Betty's.

Ben said to Betty, 'can you come over here and tell me if this is yours?' Betty looked at the necklace and confirmed it was hers. They thanked the woman for finding it. Betty was really relieved after finding it.



Koalas Report

5B Leung Yat Seen, Emily

Koalas are mammals. They are cute and fat, but they are not bears.

Koalas' fur is soft, thick, grey, and white. They have two cute cheeks for keeping food in them. Their length is about 63-75 cm.

Koalas live on the east coast of Australia. They live and sleep in eucalyptus trees. They move to a different tree every day.

Koalas are herbivores, and they eat all kinds of plants. They eat leaves, bark, fruit, and flowers. Moreover, they eat 0.45 kg of leaves per day to stay healthy.

Koalas usually sleep up to 19 hours a day. They are fast too. They can run as fast as a rabbit.

Koalas don't drink water; however, they get water from the leaves they eat. They are blind and hairless when they are born.

Koalas are endangered. If people continue to cut down eucalyptus trees, they will have no place to live and no food. They will become extinct.

Finding the Way

5B Kam Yik Sen, Eason

Last Saturday, Anna and her dad visited Hong Kong for the first time.

First, they went to the Big Buddha by going on the Ngong Ping 360 cable car. Then they went to the Po Lin Monastery and ate vegetarian food there. They worshipped the gods in the Monastery. They felt joyful.

Five hours later, they went to a local restaurant to have dinner in Tsing Yi. Then they tried to find the nearest hotel. But on the way, they took a wrong turn and got lost.

So, they asked a stranger for directions. The stranger said, "Walk along Ligma Balls Street. Turn right and walk along Skibidi Street. It's on your left."

Finally, they didn't take a wrong turn and found the hotel. They felt happy.

Tom's Football Dream

5B Kam Yik Sen, Eason

One day, Tom's dad and Tom went to England to watch the Brazil and England's soccer match to see their favourite football players. They felt happy to see their favourite players.

After a while, their favourite players scored. Everyone cheered. Suddenly, Tom said to his dad, "I want to be a football player when I grow up!" His dad replied, "OK! I can help you to find a football team to join." Tom was very joyful.

The next week, Tom was in the football training. The coach said, 'Welcome, Tom!' Tom met his teammates and had a long chat with one another.

Thirty minutes later, it was training time. When his teammate passed the ball to Tom, Tom tried to score but he sprained his ankle.

At the hospital, the doctor said to Tom's dad, 'He sprained his ankle, but it was just a minor injury, so if he can rest for two days, he can play football again.'

Two days later, Tom fully recovered. He started to practice more, and his skills got better.

Twenty years later, Tom became a famous soccer player winning a World Cup for his country.

At Inspiration Lake Today

5C Leung Yuk Yu, Agnes

I went to Inspiration Lake with Dad today. After we packed our backpacks, my dad and I left home.

As we walked, I started feeling hungry. Dad said, "Why don't we sit down and have something to eat?" We ate some sandwiches and drank some orange juice.

After finishing our meal, I picked up a ball and started playing with my dad. Unfortunately, I accidentally kicked the ball into the river, which made me very sad.

To my surprise, my dad had brought another ball with him, so we could continue playing together.



Bobby and his new friend

5C Check Tsz Tung, Chair

Bobby went to a family camp with his parents. After lunch, they went to find out what they could do at the camp in the afternoon. When they were looking at the noticeboard, Bobby saw a boy in a cap. Bobby wanted to make friends with him. Bobby talked to the boy, "Hello, I am Bobby. Would you like to join the horse-riding class with us?" "Yes, I would love to," said the boy.

"Have you ever ridden a horse before?" asked Bobby. "No, I've never ridden a horse before. I think it's exciting," the boy replied. Bobby said, "I have ridden a horse once only."

In the afternoon, the children learned to ride horses. It was fun. Suddenly, Bobby fell off the horse. "Ouch! Ouch!" said Bobby. The boy asked, "Are you alright?" Bobby said, "I'm okay!"

After the class, the boy and Bobby's family went to a café and had dinner. It was delicious. They all felt happy.

Tom's Football Dream

5C Yu Wing Ka, Ella

One day, Tom and his dad went to a football stadium and watched a football match. They felt amazed because the match was great. The players played very well. Tom said to his dad, "I want to be a football player when I grow up."

The next week, Tom joined the football practice. Tom felt excited. Unluckily, he fell over and got hurt. Tom felt pain in his right leg. He was sent to a hospital. He stayed in the hospital for three days.

Tom did not give up on becoming a football player. He needed to have more practice. Tom practiced with his dad a lot. He felt happy. Tom hoped to become a football player one day.

A missing cat

5C Hui Ling Chun, Jason

This afternoon, Dad picked me up from school as usual. When we arrived, we saw a cat outside our building. It looked lost.

Then we saw a name tag on its neck. Its name was Sisi. There was the owner's phone number on the tag. The cat looked worried.

My dad sent a text message to the cat's owner. Dad said, "I find your cat, Sisi. Please come outside the building."

In the end, the cat's owner came and picked up Sisi. She said, "Thank you so much." She was delighted.

Tom's Football Dream

5CS Peng Yu Sin Cindy

One day, Tom and his dad went to a stadium. They watched a football match. The match was amazing. They were excited. Tom said to his dad, 'Dad, I want to be a football player.'

The next week, Tom joined a football team. The teammates welcomed him warmly. However, during the football practice, Tom fell over and hurt his leg. He felt sad and disappointed, but he didn't give up on his dream of becoming a football player.

Tom knew that to become a football player, he had to keep practicing and never give in to difficulties. He decided to recover well and get back on the field as soon as possible.

A Family Camp

5S Wong Lok Ki, Kayden

Bobby went to a family camp with his parents. After lunch, they went to find out what they could do at the camp in the afternoon. When they were looking at the noticeboard, Bobby saw some posters. He made friends with Alan.

Bobby pointed to the poster. He said, 'Would you like to join the horse-riding class?' Alan said, 'Yes, I would like to join the horse-riding class.' Bobby asked, 'Have you ever ridden a horse?' Alan said, 'Yes, I have ridden a horse once. I felt excited.'

In the afternoon, they learned to ride a horse. They had fun.

After the camp, they became best friends. They joined a basketball class together.

Finding the Way

5S Woo Rong Jie, Alan

Last Saturday, Anna and her dad visited Hong Kong for the first time. They felt excited. They planned to eat local food and visit interesting attractions.

After having dinner at a local restaurant, they wanted to go back to the hotel, but they got lost.

They met a man and asked him, "Could you tell us the way to Sunny Hotel? How

long does it take to get there?" He answered, "What a coincidence! I work there, and now I am going back. Let's go together."

Finally, they arrived at the hotel.

A Charity Fun Fair

6A Liu Ying Kit, Don

Amy and Penny were at Rainbow Children's Center last Saturday. They saw a poster about a charity fun fair. They wanted to be helpers at the fun fair. They wanted to make cakes and cookies and sell them at their food stall.

Amy and Penny tried to make them, but they were not good at cooking. They were worried that they could not help in the fun fair. Therefore, they asked a staff at the children's center for help.

When the staff Mrs Chan saw them, she asked them, "What's wrong?" Amy and Penny told her their worries and Mrs Chan gave them a suggestion. "You can ask your teacher for help."

They thanked the staff and left happily.

An unfortunate week

6A Yip Po Yi, Anne

It was an unfortunate week for my family. They have been sick for a week and had some accidents today.

Since last Saturday, Dad has got a toothache. Mum has got a cough. Grandpa has got a stomach ache and Grandma has got a runny nose. I was so worried about them.

Today, they had some accidents. Poor them! This morning, Mum cut herself when she was preparing some fruit for breakfast this morning. One cut was on her finger and the other cuts were on her hands. In the afternoon, Grandma and Grandpa hurt themselves when they were taking a bus. They both fell off their seats! They had bruises on their arms and some other bruises on their knees. Later in the evening, Dad burnt himself when he was cooking congee. He has got one plaster on his right thumb and another one on his left thumb.

Something unlucky happened to me too! I went for a bike ride this morning. A dog suddenly came out and I fell off my bike. I tried to stop but I couldn't. I bumped into a tree and scraped my knee. I also bruised my elbow. It was really painful. I hope I will feel better soon.

I hope that all of us will recover soon and can be free from illnesses and injuries next week!

Miss Morris visit to Hong Kong

6A He Yunyi, Yanni

Miss Morris was an Australian tourist visiting Hong Kong. Her friends met her at the airport. They took her to a bus stop. The traffic was busy there. Miss Morris said to her friends, "The traffic causes environmental pollution. The buses generate a lot of black smoke," She felt shocked and angry.

Miss Morris was in the shopping centre with her friends. She saw many bags made of crocodile skin and said that those unscrupulous merchants killed those crocodiles to make money. She was shocked.

They then walked into a seafood restaurant. She was disappointed in her friends because her friends suggested that she eat shark fin soup.

Finally, Miss Morris gave feedback to the government. The government calls on everyone to protect animals and environment.

A Memorable Trip

6A Chan Kai Man, Ken

Last month, my family and I went to Hong Kong Ocean Park. It is a park where you can see different animals and enjoy exciting rides. We ate at an animal café. When I was looking outside the window, I saw a penguin falling down outside the café.

There was one thing I will never forget. It was my first time going on rides. I felt excited. We had a great time there and I cannot wait to visit Ocean Park again.

A Memorable Trip

6B To Tsz Wing

Last week, my family and I went to Japan. It is a wonderful place where we could explore many attractions. I ate sushi, visited various places, and played in the snow.

There was one thing I will never forget. While I was playing in the snow, someone suddenly started a snowball fight. We kept making snowballs and throwing them at each other. All of us were covered in snow, and it was freezing cold, but it was so much fun.

For me, Japan is an amazing destination for holidays. Japan has many unique experiences that other places don't offer. I can't wait to visit this beautiful country again!



An unfortunate week

6B Lai Nok Hin

It was an unfortunate week for my family. They had been sick for a week and experienced some accidents today.

Since last Saturday, Dad has had a toothache. Mum has had a cough. Grandpa has had a stomach ache. Grandma has had a runny nose.

Today, they had some accidents. Poor them! Dad burnt himself while barbecuing. One plaster was on his right thumb, and another was on his left thumb. Mum cut herself while cutting an apple. She had one cut on her finger and some cuts on her hands. Grandpa and Grandma hurt themselves while taking a bus. They had some bruises on their arms and knees.

Something unlucky happened to me too! Today, I went to a country park. I was riding a bicycle when the accident happened. A dog jumped out suddenly. I stopped the bicycle, but I hit a tree and fell off the bicycle. I felt pain because my knees were injured.

I went to the hospital, and the doctor put a bandage on my knees. The doctor said, "If I were you, I would wear protective equipment when riding a bicycle."

I hope that all of us will recover soon and be free from illnesses and injuries next week!

A Charity Fun Fair

6B Chan Ho Yan

One day, Amy and Penny were at the Rainbow Children's Centre. They saw a poster about a Charity Fun Fair. They wanted to be helpers at this fun fair.

They decided to make cookies for the food stall, but they were not good at baking cookies. They felt worried.

Then, they approached a staff member named Mrs. Chan. She asked, "What's wrong?" Amy and Penny replied, "We are not good at making cookies. What should we do?" "You should keep trying," she said.

In the end, they tried to make cookies. Although they struggled at first, they did not give up. Finally, they made delicious cookies successfully. They felt very happy.

Treasure the Friendship

6B Chan Cheuk Yiu

Throughout my primary school life, there have been many special events. Some of these events were happy, while others were sad. Here, I would like to talk about a happy event. I truly treasure the experience I gained from this event, although I also faced some difficulties during it.

The event happened last year. We went to Shandong. Our school organized a trip for the primary five students. The Shandong trip was special to me. During those few days, we visited many museums. We also visited a local school. The students there performed dances and sang songs for us. We gave them gifts, and I even made some friends. I found the Shandong trip very interesting. It was a remarkable and meaningful experience for me.

Through this event, I learned a lot about the local culture of Shandong. I also strengthened my friendships with my classmates. This experience will definitely be useful in my future.

An unfortunate week

6C Fung Hak Yat, Henry

It was an unfortunate week for my family. They have been sick for a week and had some accidents today.

Since last Saturday, Dad has got a toothache. Mum has got a cough. Grandpa has got a stomach ache. Grandma has got a runny nose. We were so unlucky last week.

Today, they had some accidents. Poor them! Dad burnt himself when he was cooking noodles. He has one plaster on his right thumb and one plaster on another thumb. Mum cut herself when she was cutting the vegetables. She has one cut on her finger and some cuts on two other fingers. Grandpa and Grandma hurt themselves when they were taking a bus. They have bruises on their arms and bruises on other legs.

Something unlucky happened to me too! I went to the park. When I was cycling, a dog jumped out suddenly. I crashed into a tree. I hurt my knee and foot. In the end, my dad helped me. I felt sad and painful.

After that, I was back home. Dad used cotton wool balls to clean the knee and used bandage to cover up the knee.

I hope that all of us will recover soon and can be free from illness and injuries next week!

Making a cake for Mum

6C Chan Hoi Lam, Bianca

It was my mum's birthday last Saturday. My sister and I wanted to make a cake for her. We needed some flour, two eggs and some butter. We decided to make the cake at home.

First, we beat the eggs and poured the flour in the bowl. Then we added the butter and sugar. We mixed the ingredients in the bowls. After that, the kitchen became messy.

Then, we baked the mixture. While we were waiting, we often smelled smoke coming from the oven. When the oven made a sound like "ding," it was done! We opened the oven and saw that the cake was burned. Suddenly, mum came in and asked, "What smells like that?" She came over and said, "Wow! How hard you must have worked on this!" We smiled and said, "We thought you'd be mad at us!"

In the end, we still ate the cake. Mum said, "This is the most delicious cake I've ever eaten!" We were happy and laughed together.

A Visit to Hong Kong

6C Lee Chi Wang, Otis

Miss Morris was an Australian tourist visiting Hong Kong. Her friends met her at the airport. They took her to a bus stop. The traffic was busy there. Miss Morris said to her friends, 'The traffic makes so much smoke. The buses produce so many particulates.' She felt sad.

Next, Miss Morris went to a department store with her friends. She saw an expensive bag made of crocodile skin. When she learned that hunters killed crocodiles to make these bags, she was shocked. She refused to buy them.

Later, her friends suggested eating shark fin soup. Miss Morris felt upset because sharks die just for this dish. She knew that fishermen cut off the sharks' fins and threw them back into the sea, leaving them to die.

Finally, Miss Morris decided to help Hong Kong. She told people to stop buying crocodile skin handbags and use cotton bags instead. She also asked them to stop eating shark fin soup and choose other kinds of fish.

From Worried to Wonderful Bakers

6C Ng Lam Wai, Joyce

Last Saturday, Amy and Penny were at the Rainbow Children's Centre. They saw a poster that caught their interest. They wanted to make cakes and cookies but they didn't know how to bake.

They were worried, but their teacher, Mrs. Chan, noticed their concern. Mrs. Chan realized they wanted to participate in the Helpers For Charity Fun Fair, so she walked over and asked, "What's wrong?" Amy and Penny explained their situation to Mrs. Chan, who then gave them suggestions on learning how to bake. Mrs. Chan invited them to join her for baking lessons. They practiced for days and finally succeeded.

Now, they felt like the best bakers in the whole world. They were very happy.

A Birthday Cake Surprise

6CS Ma Hei Lam, Hannah

It was my mum's birthday last Saturday. My sister and I wanted to make a cake for her birthday. I needed eggs, flour, butter, milk, and chocolate. I made the cake in the kitchen.

My sister and I mixed the ingredients messily. The kitchen became very messy and dirty.

Then, we put the mixture in the oven. Suddenly, some smoke came out of the oven. The cake had been in the oven for too long. We were afraid of being scolded by our mother.

Finally, Mum bought a new cake. We ate the cake together. It was yummy. Mum felt touched. We felt worried but happy.

Fun Fair helpers

6CS Tsang Yiu Hing, Jonathan

Last Sunday, Amy and Penny were at Rainbow Children's Centre. They saw a poster about a charity fun fair and wanted to be helpers.

They wanted to make cookies for the food stall, but they were not good at making cookies. They felt worried.

Rainbow Children's Centre staff member, Mrs. Chan, helped them with the problem. She gave some suggestions and asked, "What's wrong?"

Amy and Penny learned how to make cookies on YouTube. They felt happy.

A visit to Hong Kong

6CS Tsang Pak Hei, Parco

Miss Morris was an Australian tourist visiting Hong Kong. Her friends met her at the airport. They took her to a bus stop. The traffic was busy there. Miss Morris said to her friends, 'There is air pollution. The buses produced a lot of smoke. Also, it is dusty.' She felt disappointed.

Then, Miss Morris went to a handbag shop. She saw some leather bags. She said, 'Crocodiles are killed for their skins. Those hunters are cruel!' She felt sad.

Her friends suggested shark fin soup, but Miss Morris did not want to have it because she thought it was cruel to kill sharks for their fins.

Finally, Miss Morris wanted to try some special food in Hong Kong, such as fish balls, shumai and milk tea. Her friends agreed and they did not have shark fin soup.

An unfortunate week

6CS Ma Hei Lam, Hannah

It was an unfortunate week for my family. They have been sick for a week and had some accidents today.

Since last Saturday, Dad has got a toothache. Mum has got a cough. Grandpa has got a stomach ache and Grandma has got a runny nose. All of them felt very unwell.

Today, they had some accidents. Poor them! Mum cut herself when she was preparing some fruit for breakfast this morning. One cut was on her finger and the other cuts were on her hands. In the afternoon, Grandma and Grandpa hurt themselves when they were taking a bus. They both fell off their seats! They had bruises on their arms and some other bruises on their knees. Later in the evening, Dad burnt himself when he was cooking congee. He has got one plaster on his right thumb and another one on plaster on left thumb.

Something unlucky happened to me too! I went to the park this morning. A dog suddenly came out and I was scared. Then, I fell off my bicycle. I had a bruise on my right leg.

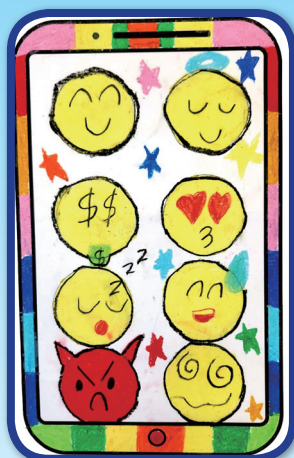
When a man came by on a walk, he saw me and took me to the hospital for examination. I was very grateful to him. I'll be more careful. I hope that all of us will recover soon and can be free from illnesses and injuries next week!



可愛的海洋生物
1A 曾倩瞳



水果盤
1A 林川



Emoji
1A 陳嘉樂



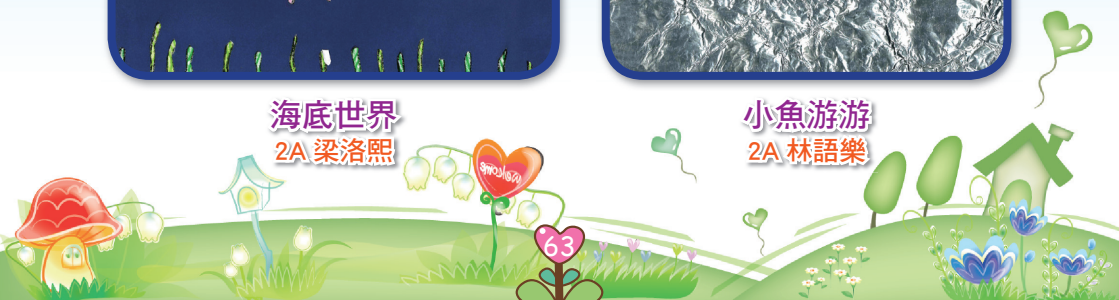
Emoji
1A 陳依琳



海底世界
2A 梁洛熙



小魚游游
2A 林語樂





名牌
2A 王蔚姍



名牌
2A 張凱琳



海底世界
2B 嚴心汝



海底世界
2B 岳政希



昆蟲找食物
2B 嚴心汝



名牌
2B 岳政希



彩蛇一窩
3A 蒙凱琳



彩蛇一窩
3A 譚淑琮



活靈活現
3A 吳瑩芯



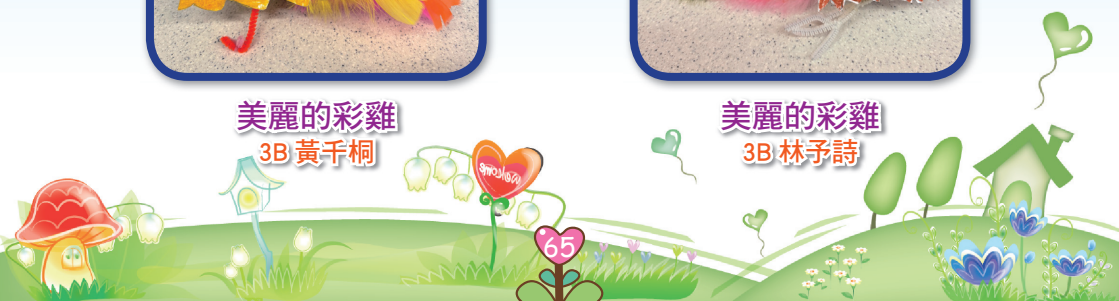
活靈活現
3A 譚淑琮



美麗的彩雞
3B 黃千桐



美麗的彩雞
3B 林予詩

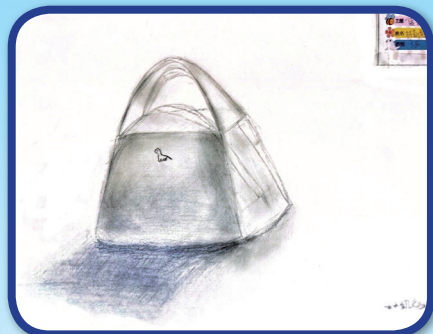




活靈活現
3B 羅嘉智



活靈活現
3B 鍾雅琳



袋子
3B 林凱翹



袋子
3B 陳家進



花藝
4A 冼鈺瑜



花藝
4A 張芷涵





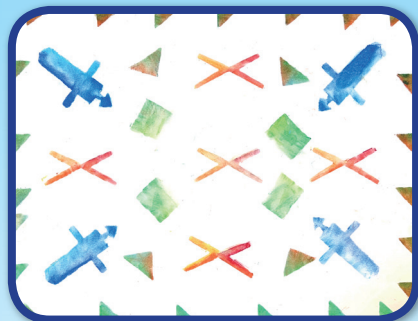
彩蛋
4A 張芷涵



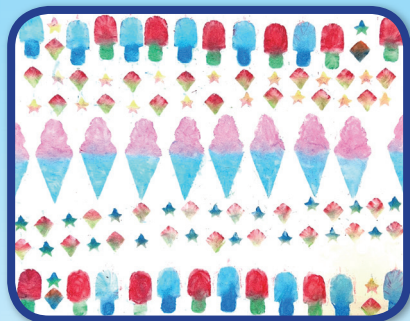
彩蛋
4A 林一



煙花匯演
4B 周愷縈



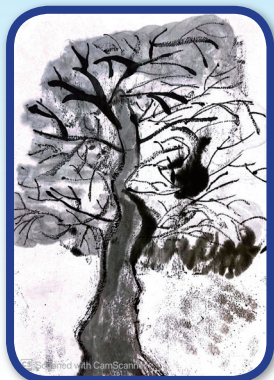
花布
4B 黃梓軒



花布
4B 鄧保怡



水墨樹
4B 李天恩



水墨樹
4B 張芷柔



雕刻彩蛋
4B 張芷柔





花藝
4C 陳思晴



花藝
4C 區靖騏



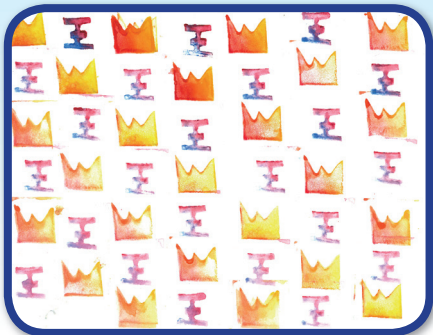
水墨樹
4C 陳嘉琳



彩蛋
4C 謝煒君



彩蛋
4C 陳詩晴



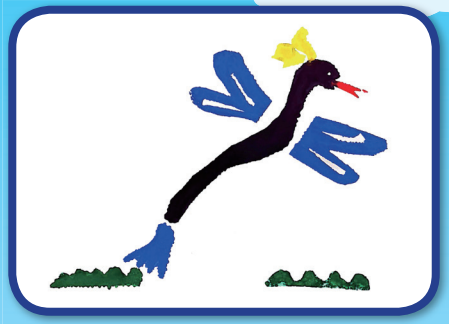
文字紋布
5A 王洛錡



文字紋布
5A 甄俊



神獸
5A 方幸恩



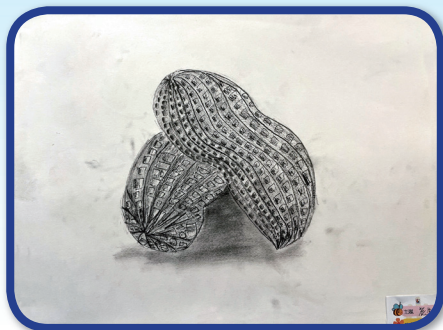
神獸
5A 甄朗



神獸
5B 梁一善



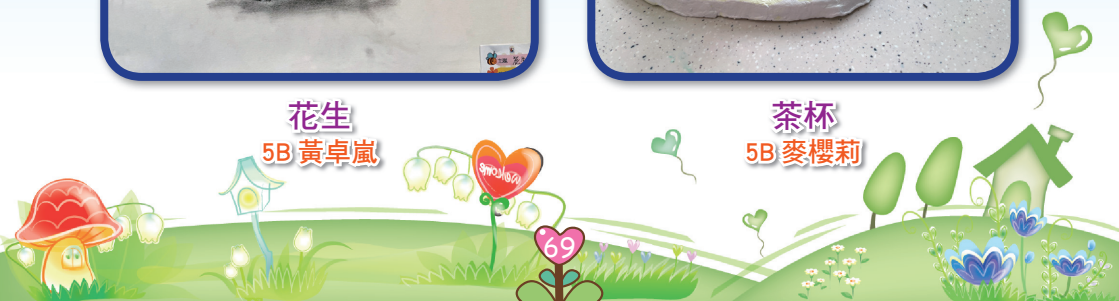
神獸
5B 蔡佩蓉



花生
5B 黃卓嵐

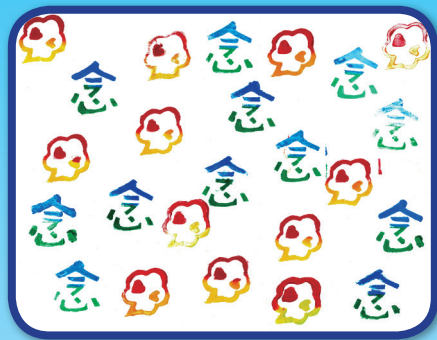


茶杯
5B 麥櫻莉





盆栽
5B 霍衍頤



文字紋布
5B 翟港念



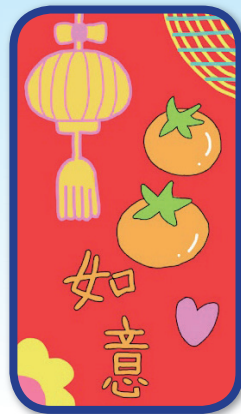
盆栽
5C 梁煜如



茶具
5C 梁煜如



文字紋布
5C 鄭可晴



揮春
5C 王鴻昕

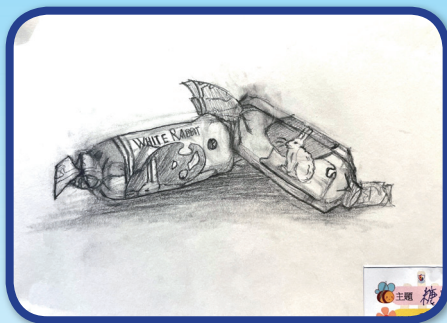




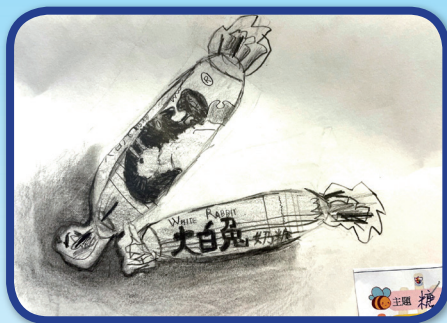
奇異的帽子
6A 鄧浚偉



奇異的帽子
6A 劉靖珩



糖果
6A 鄧浚偉



糖果
6A 梁楚瑤



怪獸
6A 梁納德



變形蟲
6A 張紫欣

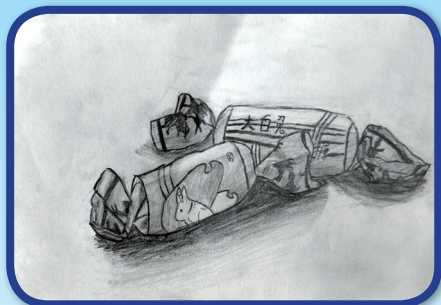




奇異的帽子
6B 杜梓詠



奇異的帽子
6B 黎諾軒



糖果
6B 陳焯堯



糖果
6B 洪芊馨



變形蟲
6B 庚正初



怪獸
6B 李昊聲

